Breastfeeding

- golden hour
- latching
- engorgement
- less spit up
- immunities
- hold
- football
- convenient
- bonding
- cradle
- heart disease
- diabetes
- weight loss
- breast pump
- colostrum
- on demand feeding
- skin to skin
- nipple shield
- Breast feeding

- foremilk

- convenient
- bonding
- skin to skin
- nipple shield

- convenient
- bonding
- skin to skin
- nipple shield