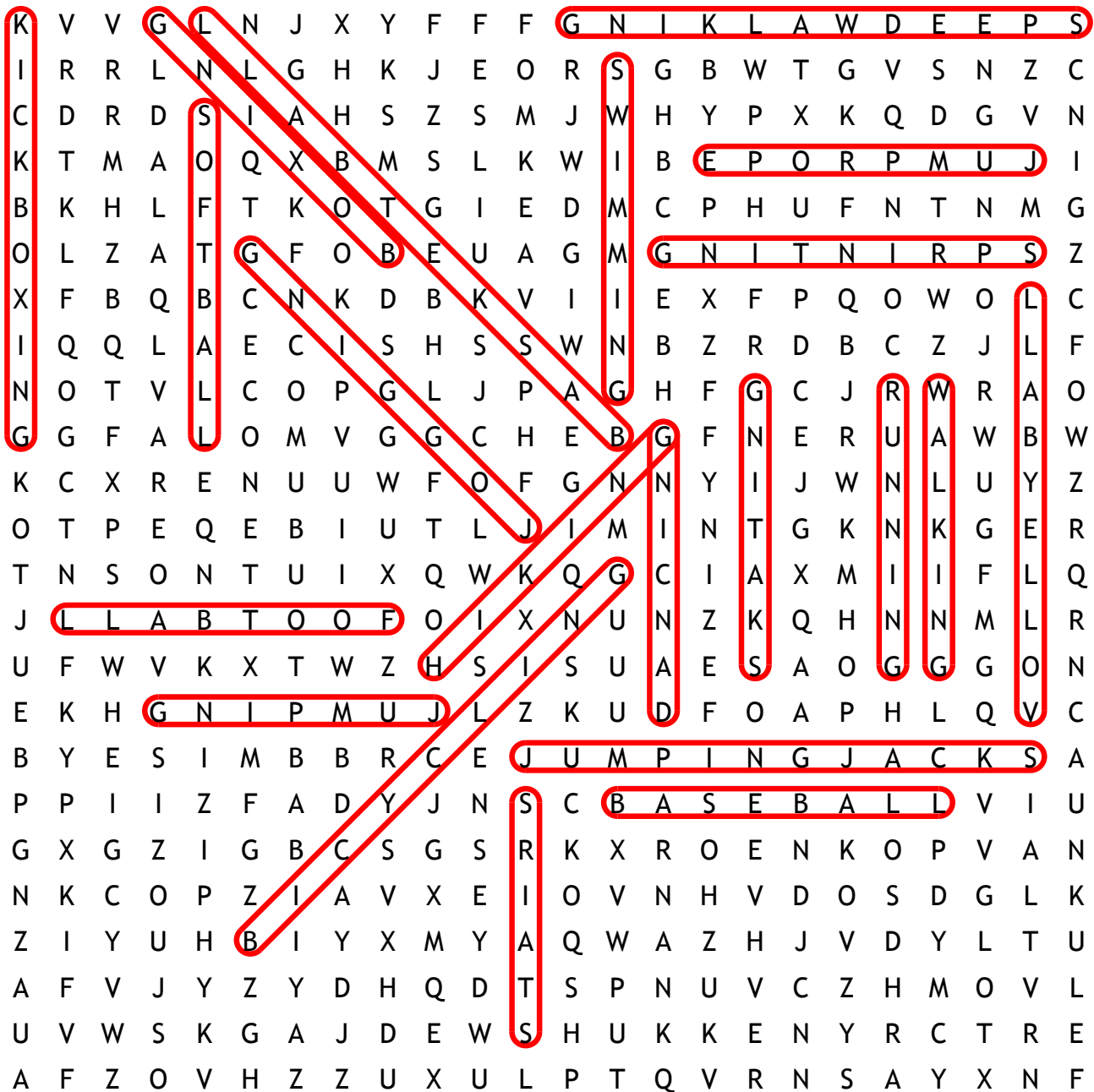


Name: _____

Date: _____

Exercise and physical activity



Jumping jacks
Volleyball
Baseball
Dancing
Skating
Stairs

Speed walking
Bicycling
Football
Jogging
Walking

Kick boxing
Jump rope
Softball
Jumping
Boxing

Basketball
Sprinting
Swimming
Running
Hiking