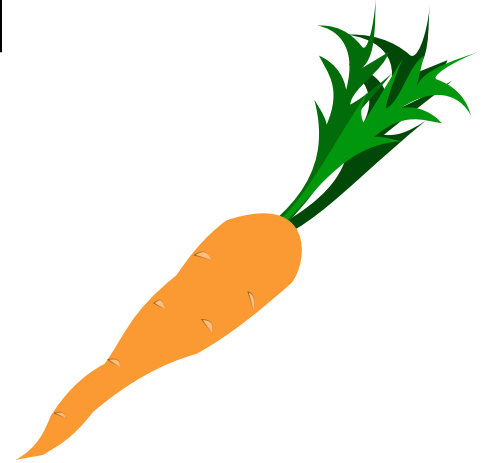
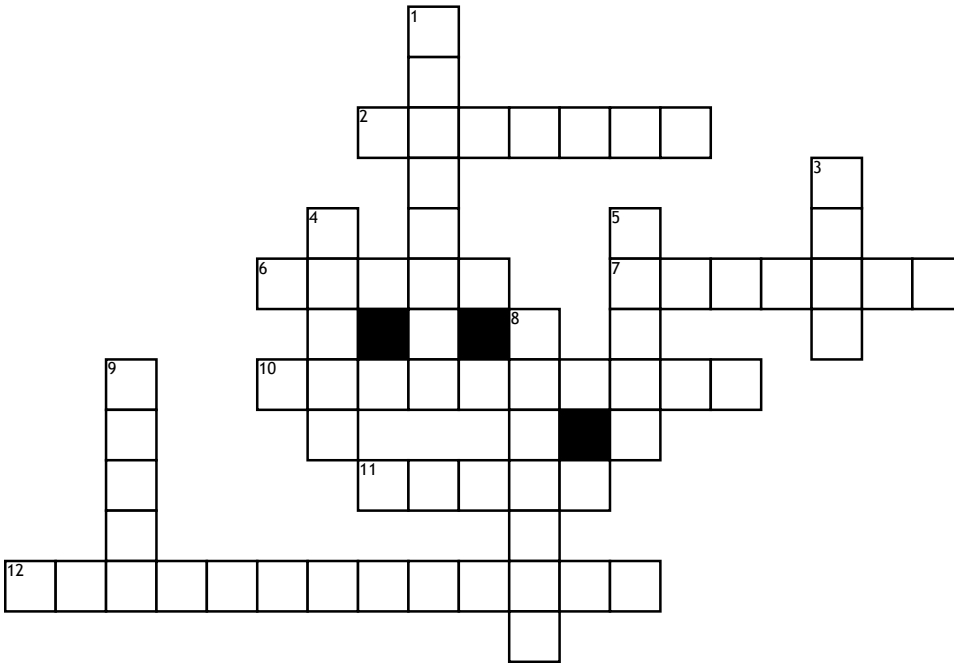


Name: _____

Date: _____

Healthy Eating



Across

2. eating your fruit and veg will make you this

6. 1 of your 5 a day

7. found in meat, fish and eggs

10. they grow in the ground

11. fruit and

12. starches found in fruit and veg

Down

1. running, sport and walking etc

3. eating healthily

4. colour of vegetables

5. gala or granny smith

8. they are orange

9. you drink it