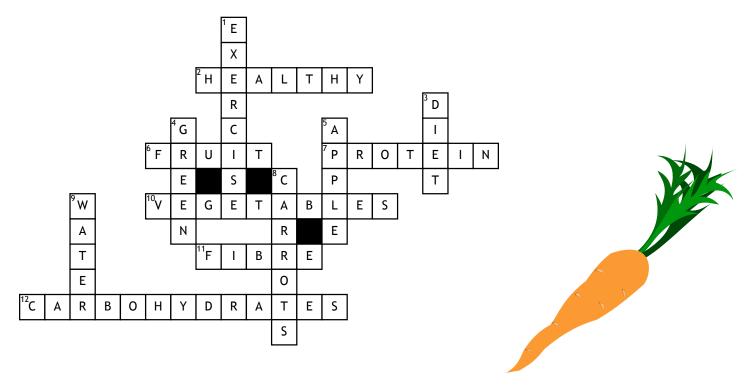
Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Healthy Eating



## **Across**

- **2.** eating your fruit and veg will make you this
- **6.** 1 of your 5 a day
- 7. found in meat, fish and eggs
- **10.** they grow in the ground

11. fruit and

• • • •

**12.** starches found in fruit and veg

## **Down**

- 1. running, sport and walking etc
- 3. eating healthily

- **4.** colour of vegetables
- **5.** gala or granny smith
- **8.** they are orange
- 9. you drink it