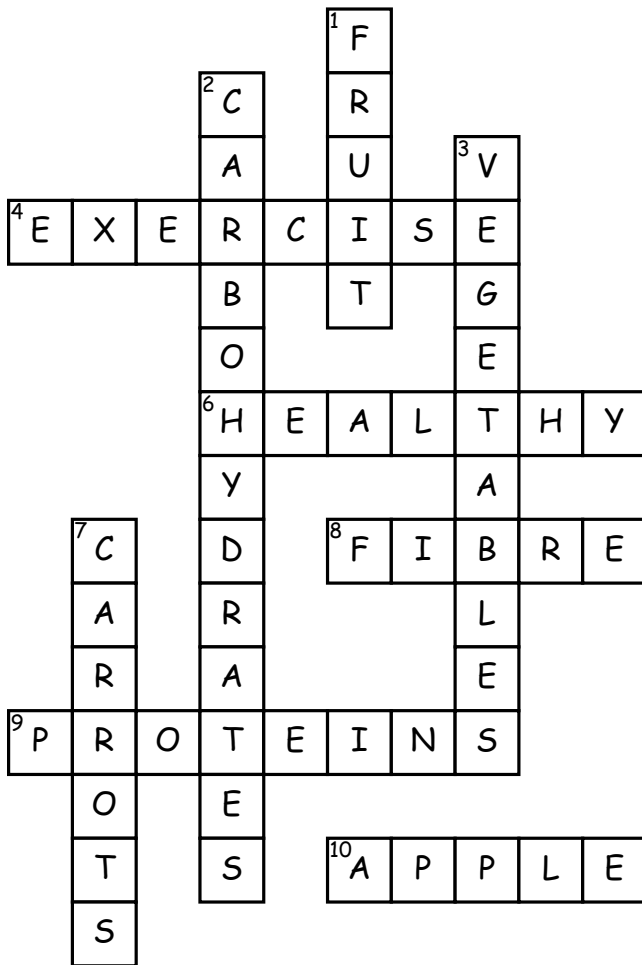


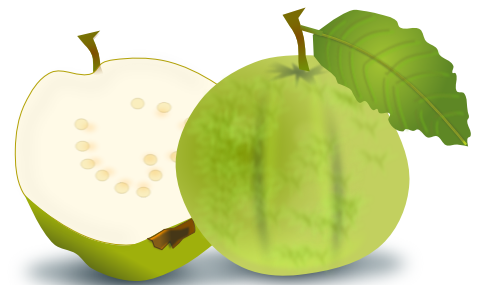
Name: _____

Date: _____

Healthy Eating



5
W
A
T
E
R



Across

4. running, sport and walking etc
6. eating your fruit and veg will make you this
8. fruit and
9. found in meat, fish and eggs
10. gala or granny smith

Down

1. 1 of your 5 a day
2. starches found in fruit and veg
3. they grow in the ground
5. you drink it
7. they are orange