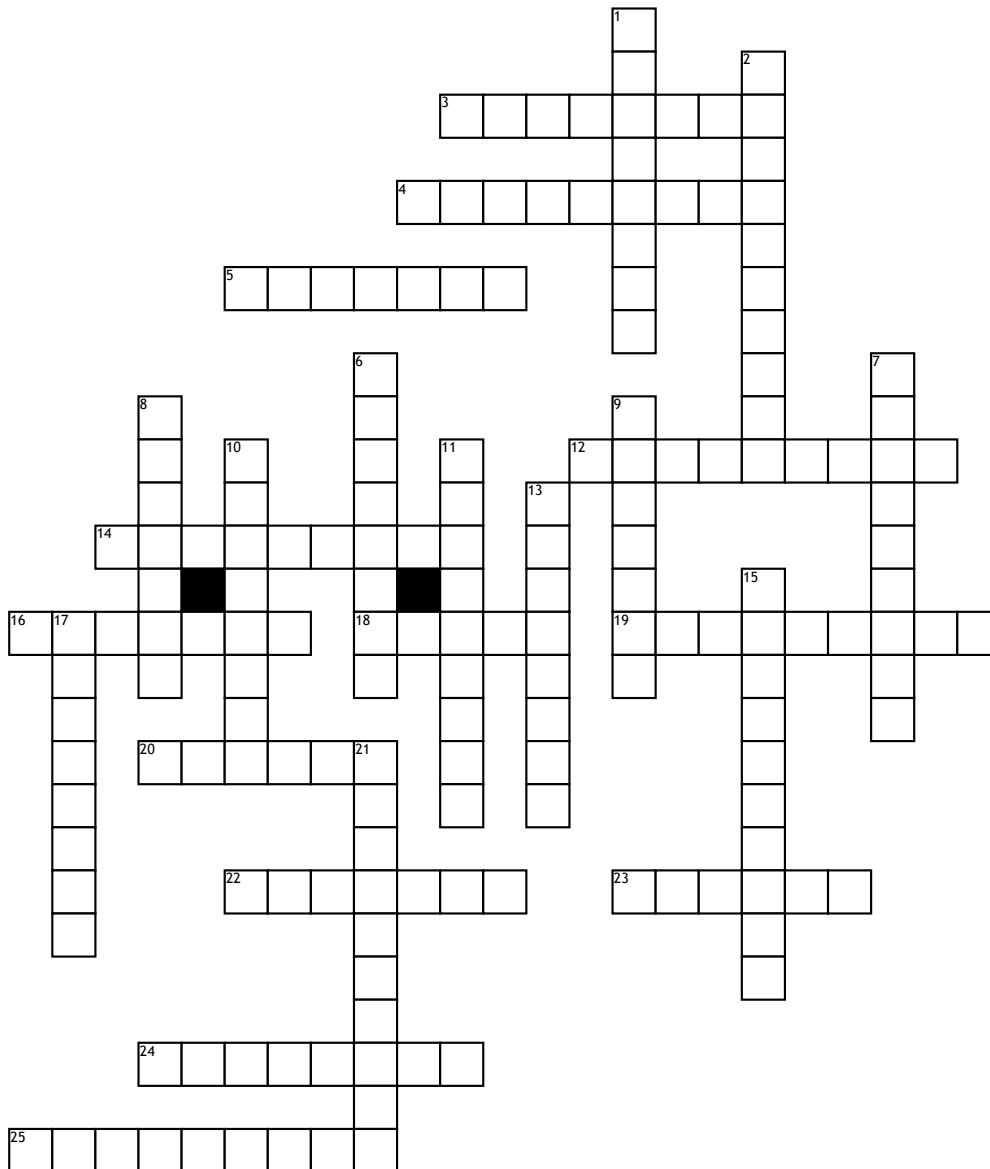


Name: _____ Date: _____ Period: _____

Basic Athletic Training Terms



Across

- 3. Bottom half of the human body
- 4. Planter surface (sole) of the foot rotates towards the midline of the body
- 5. Divides the body into right and left halves
- 12. Back to the human body
- 14. Movement increasing the angle between the bones of the limb and the joint
- 16. Long-developing syndrome
- 18. A condition that is new and sudden
- 19. Movement of limb towards the midline of the body
- 20. Furthest from the point of attachment
- 22. Side of the body or body part that is furthest from the middle
- 23. Near the middle of the body

- 24. Planter surface (sole) of the foot rotates away from the midline of the body
- 25. Movement of limb away from the midline if the body

Down

- 1. Scraping or tearing away the first layer of skin
- 2. Divides the body into superior and inferior parts
- 6. Closest to the point of attachment
- 7. Rotation of the hand and forearm so that the palm faces backwards and downwards
- 8. Movement decreasing the angle between the bones of the limb at the joint
- 9. Divides the body into anterior and posterior parts

- 10. Cracking or grating sound caused by bones rubbing against each other
- 11. Bruise; bleeding under the skin
- 13. Top half of the human body
- 15. Rotation of the forearm and the hand so that the palm faces forward and upward
- 17. Abnormal collection of blood (clotted) outside a vessel; a blood tumor
- 21. A deep cut or tear in the skin or flesh