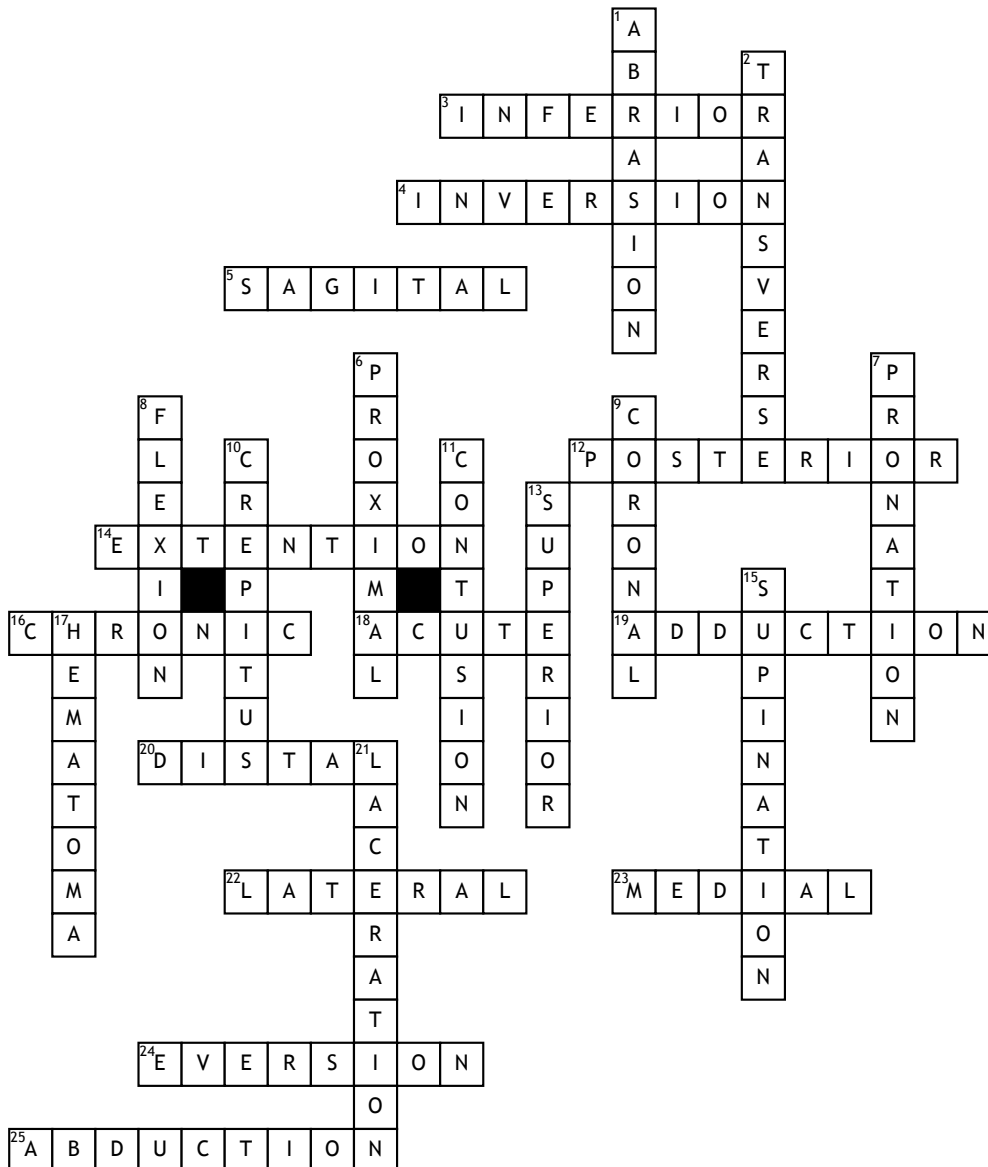


Name: \_\_\_\_\_ Date: \_\_\_\_\_ Period: \_\_\_\_\_

# Basic Athletic Training Terms



## Across

3. Bottom half of the human body
4. Planter surface (sole) of the foot rotates towards the midline of the body
5. Divides the body into right and left halves
12. Back to the human body
14. Movement increasing the angle between the bones of the limb and the joint
16. Long-developing syndrome
18. A condition that is new and sudden
19. Movement of limb towards the midline of the body
20. Furthest from the point of attachment
22. Side of the body or body part that is furthest from the middle
23. Near the middle of the body

24. Planter surface (sole) of the foot rotates away from the midline of the body
25. Movement of limb away from the midline of the body

## Down

1. Scraping or tearing away the first layer of skin
2. Divides the body into superior and inferior parts
6. Closest to the point of attachment
7. Rotation of the hand and forearm so that the palm faces backwards and downwards
8. Movement decreasing the angle between the bones of the limb at the joint
9. Divides the body into anterior and posterior parts

10. Cracking or grating sound caused by bones rubbing against each other
11. Bruise; bleeding under the skin
13. Top half of the human body
15. Rotation of the forearm and the hand so that the palm faces forward and upward
17. Abnormal collection of blood (clotted) outside a vessel; a blood tumor
21. A deep cut or tear in the skin or flesh