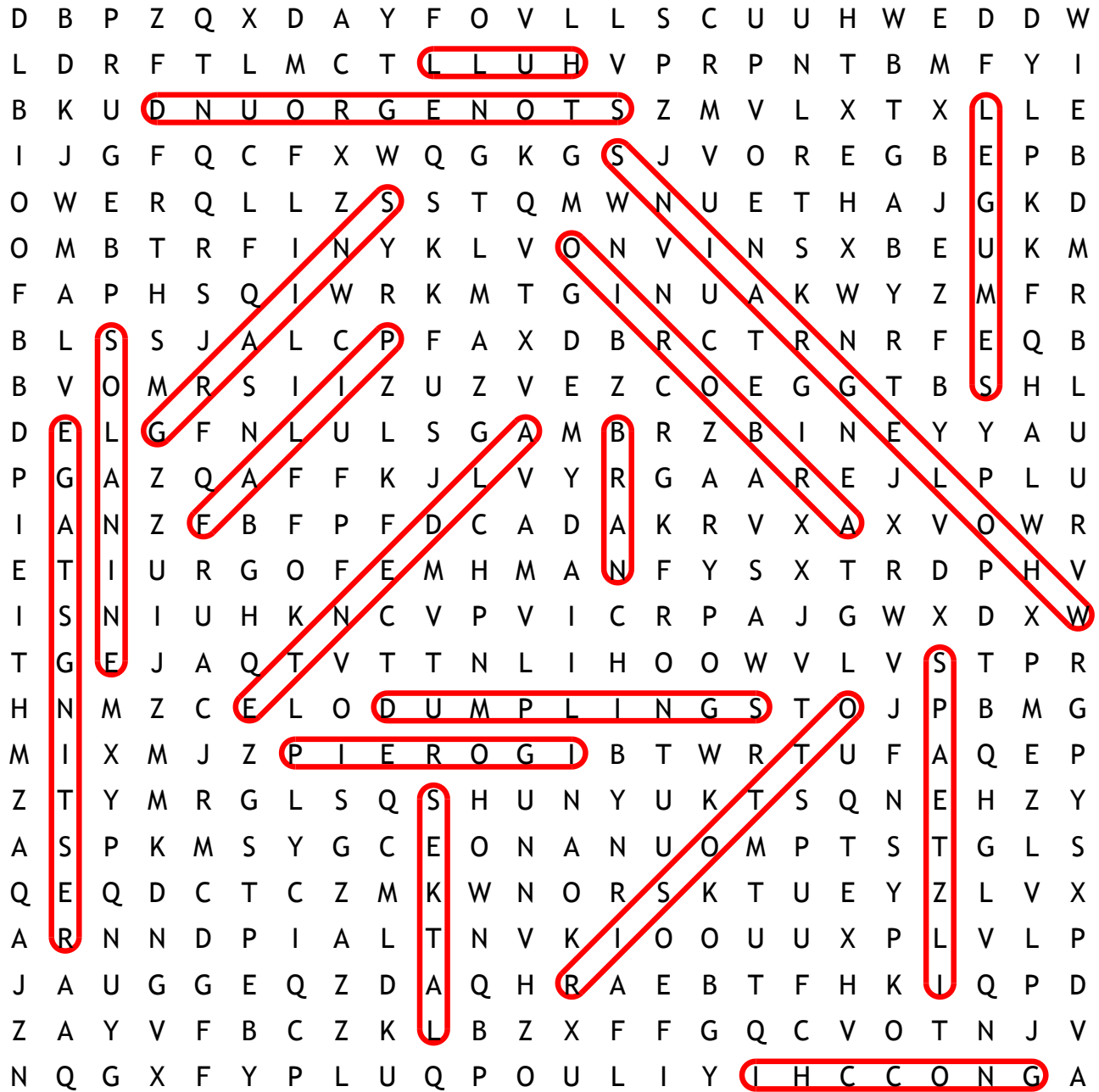


Name: _____

Date: _____

Potatoes and Grains



resting stage
spaetzli
gnocchi
grains
hull

stone ground
al dente
arborio
latkes

whole grains
solanine
risotto
pilaf

dumplings
pierogi
legumes
bran