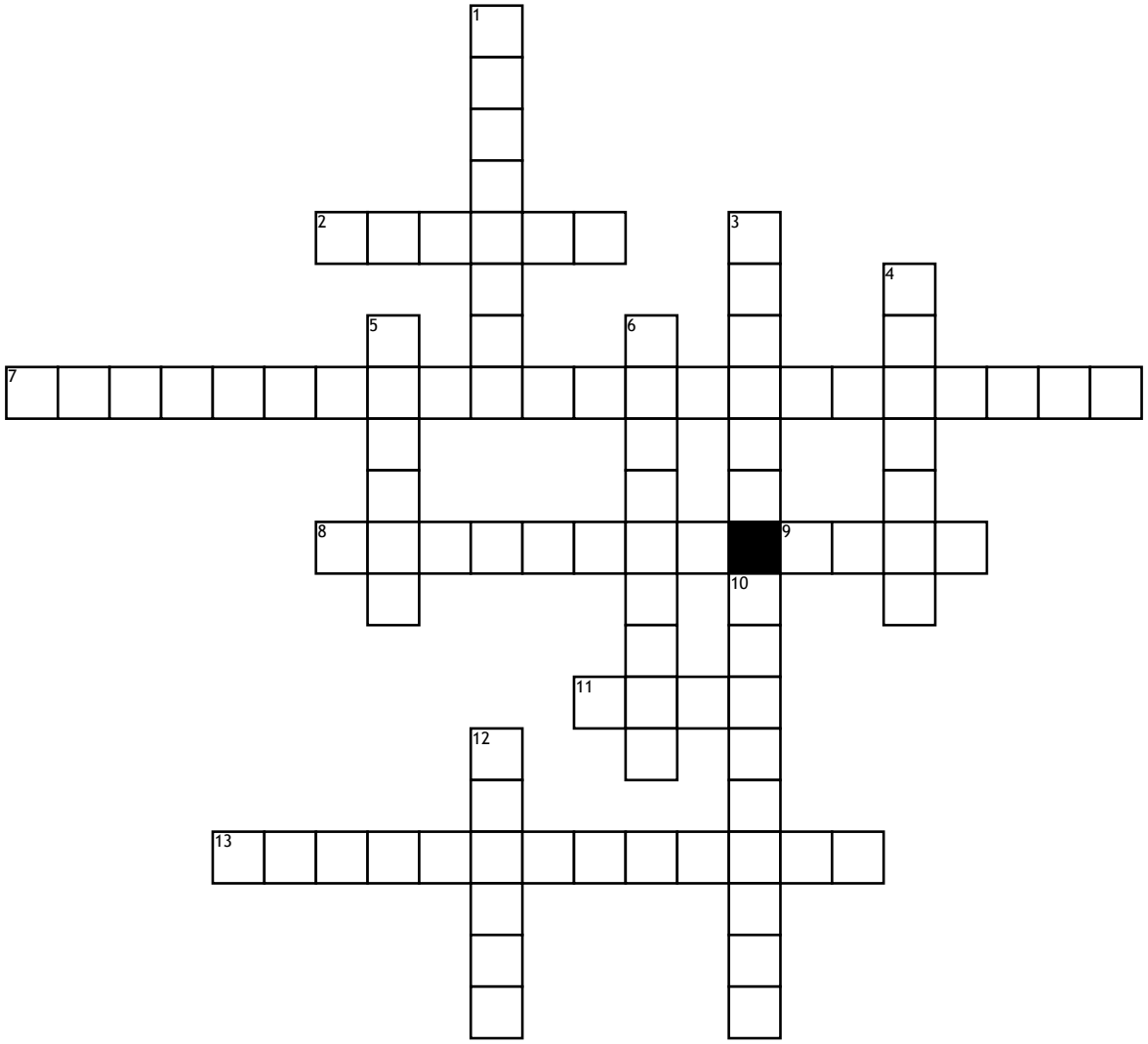
Name: _____ Date: _____

ICT Health & Safety



Across

2. These should be taken regularly

7. This is a general term used to describe the pain felt in muscles, nerves and tendons caused by repetitive movement and overuse.

8. Not having the correct sort of ..... in a computer room may cause eyestrain due to it's brightness or glare on a VDU/Monitor.

9. This item should be kept well away from ICT or any other electronic equipment.

11. The number of feet that a chair should have that is being used as part of a workstation

13. These can cause some one to trip over or even get an electric shock

Down

1. Bad.....could result in?

3. This item should be height adjustable so that you are able to work at a PC comfortably.

4. This item should be adjusted so it is at the correct angle and doesn't have light reflecting off it.

5. This, if spilt could cause huge amounts of damage to equipment or even hurt someone.

6. A keyboard that is designed to prevent RSI is called an ..... keyboard

10. If you sit too far away or too close to monitor you could suffer from.....

12. These are used to prevent glare from windows

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