Cardiac Rehab Crossword

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Across

- **4.** A surgical procedure for severe heart disease
- **5.** A common medication for high cholesterol
- **6.** Patients should limit this ingredient in their diet
- 8. A high cholesterol food
- **9.** Years MMC has had Cardiac Rehab

- 10. A job related risk factor
- 11. This berry is a super food

Down

- 1. High Blood pressure
- **2.** How many minutes of exercise per week
- **3.** A popular piece of exercise equipment
- 7. What is the abbreviation for "Good" cholesterol