

Name: _____

Date: _____

Health Chapter 1

Across

6. healthful habits to keep a person well and free from disease

8. environment that includes everything around your

12. the sum of your surroundings including your family and friends

14. providing accurate health information to help others make better decisions

Down

1. total health

2. health dealing with making and keeping friends

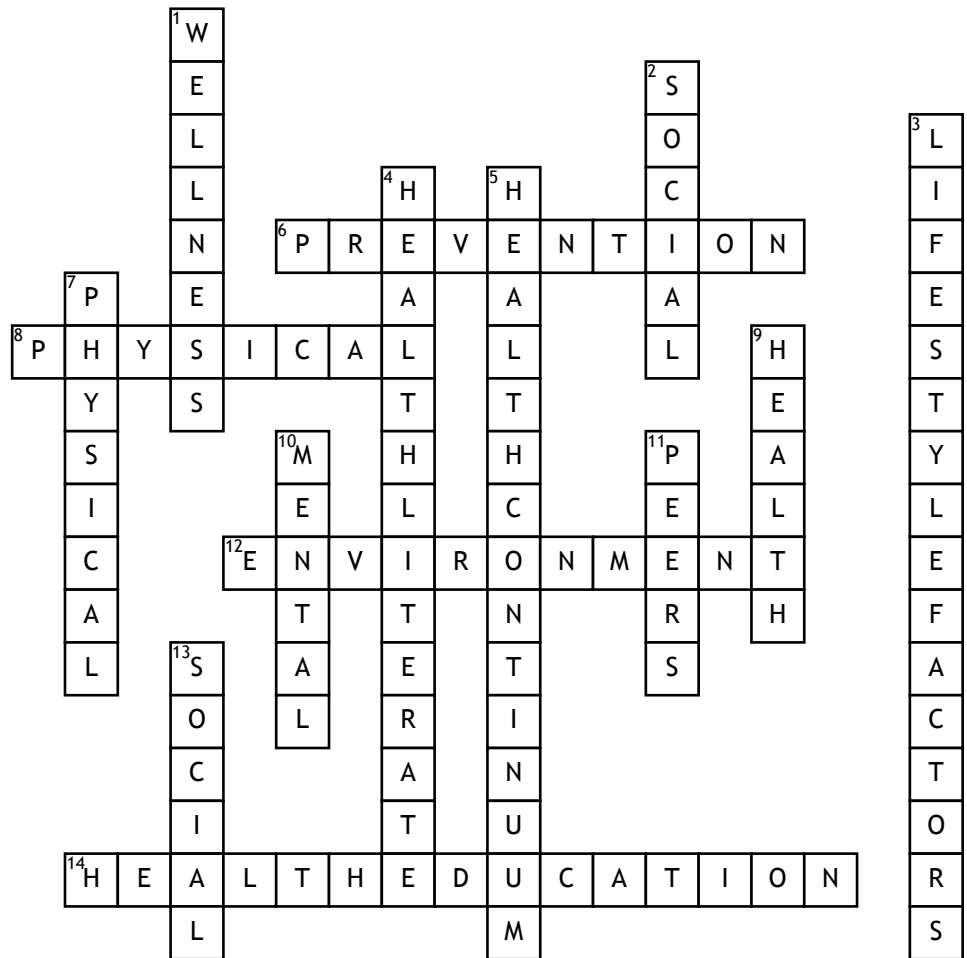
3. personal behaviors related to how a person lives that helps determine his or her level of health

4. a person's capacity to obtain and understand basic health information

5. a scale showing a person's level of health

7. health dealing with your body parts and body systems

9. the combination of physical, mental and social health



10. health dealing with your feeling, feeling towards others and dealing with everyday life

11. people who are of the same age and interest

13. the environment that includes all those around you including friends, clubs and teams.

