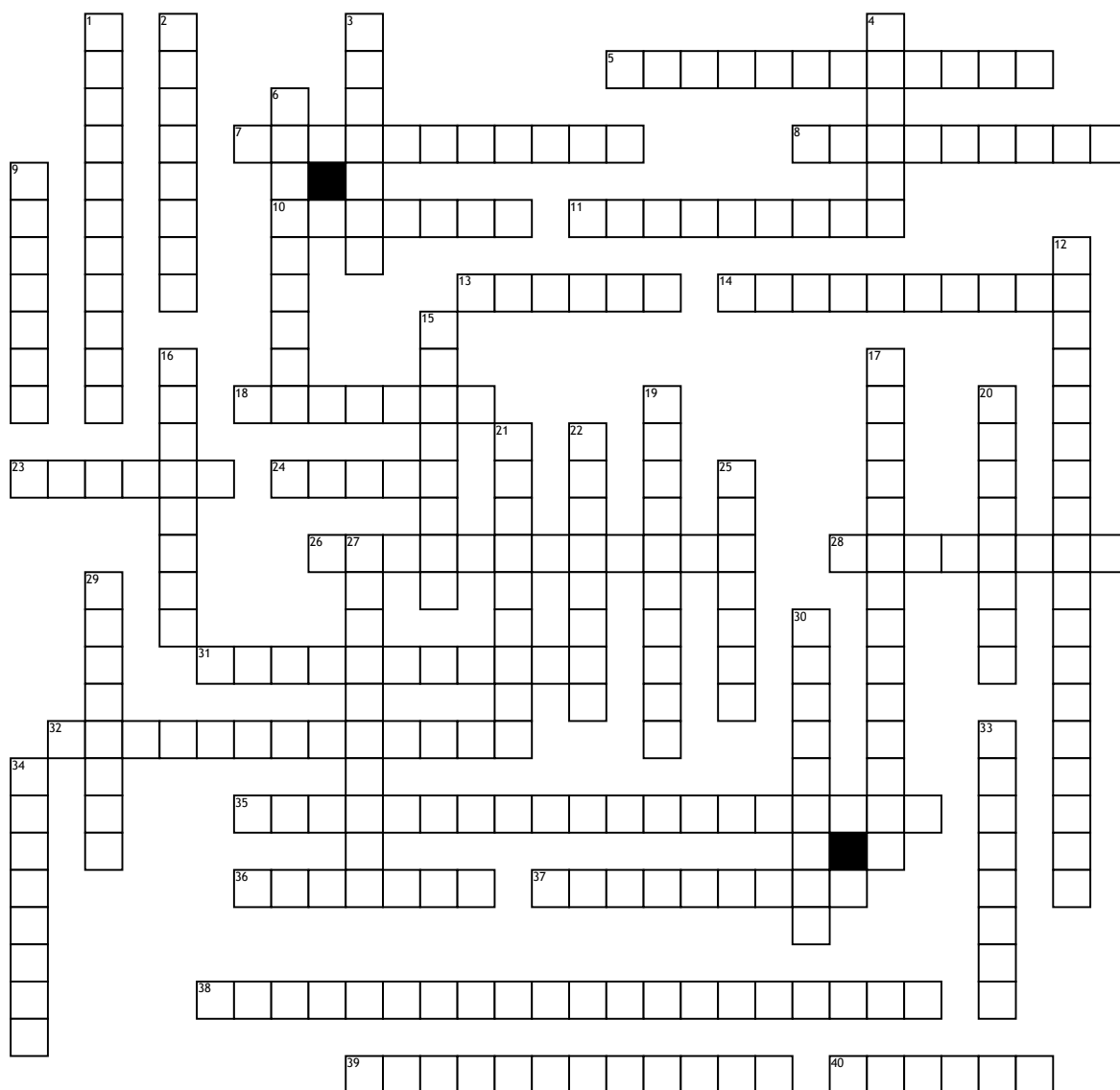


Name: _____

Date: _____

Athletic Training Vocabulary



Across

5. Ankle movement bring the foot toward the shin
 7. The study of human movement
 8. Moving a body part away from the middle of the body
 10. The study of structure and form of a body
 11. Turning the sole of the foot inward
 13. Farthest away from the centre of the body
 14. Turning upward
 18. Bending a joint or decreasing the angle between two bones
 23. Back or posterior of any structure
 24. A fluid filled sac that serves as a cushion and reduces joint friction
 26. A joint between bones
 28. Refers to the neck; the seven vertebrae
 31. movement in the anterior direction
 32. Moving a joint in a circular motion
 35. Range of motion performed by an athlete

Down

1. Increase in muscle or tissue size
 2. Turning the sole of the foot outward
 3. Away from the midline of the body; toward the side
 4. A dense, tough tissue that attaches muscles to bone
 6. Refers to both right and left (on both sides)
 9. Decrease in muscle or tissue size often due to lack of use
 12. Standing, facing forward with arms at sides and palms facing upward; Also called standard anatomical position
 15. Refers to the upper back; 8th through 19th vertebrae
 16. A method or apparatus used for treatment or therapy
 17. Excessive, forceful extension of a limb beyond its normal limits
 19. The study of the functional processes of a body
 20. Closest to the centre of the body
 21. Moving a body part toward the midline of the body
 22. A band of non-elastic, tough connective tissue connecting the ends of bones
 25. Front or anterior of any structure
 27. Movement in the posterior direction
 29. A grating, grinding, or sticking sound or sensation
 30. Turning downward
 33. Crescent shaped wedges of cartilage that pad the knee between the tibia and femur
 34. A collection of blood beneath the skin