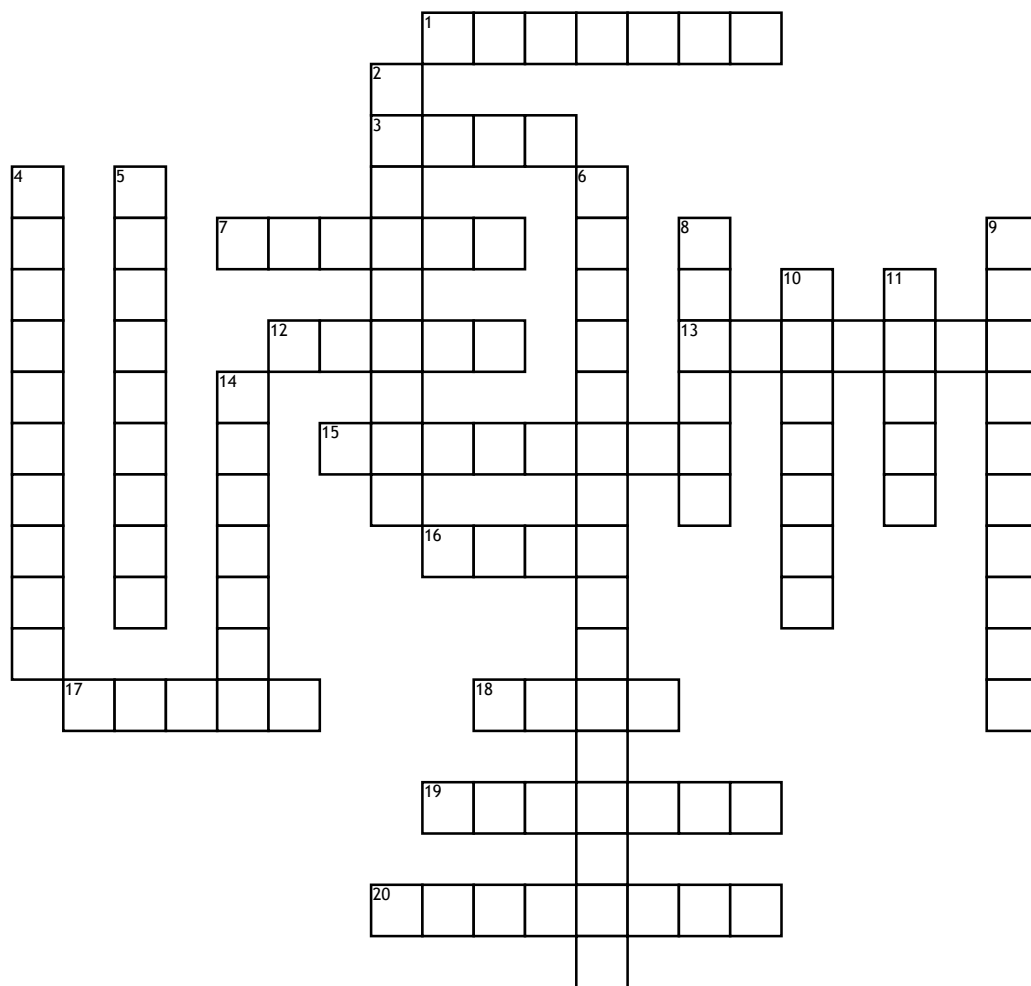


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Self Esteem



## Across

1. I am an \_\_\_\_\_ person.  
 3. I am \_\_\_\_\_ and ready to learn.  
 7. I am \_\_\_\_\_  
 12. If I fall, \_\_\_\_\_ get back up again.  
 13. Today is going to be an \_\_\_\_\_ day.  
 15. I can get through \_\_\_\_\_

16. I have people who \_\_\_\_\_ and respect me.

17. I deserve to be \_\_\_\_\_

18. My challenges help me \_\_\_\_\_

19. I \_\_\_\_\_ myself for my mistakes

20. Today I choose to think \_\_\_\_\_

## Down

2. All of my problems have \_\_\_\_\_

4. It's okay not to know \_\_\_\_\_

5. I control my own \_\_\_\_\_

6. My \_\_\_\_\_ create positive feelings.

8. I am in \_\_\_\_\_ of my life.

9. Every day is a \_\_\_\_\_.

10. I \_\_\_\_\_ to be happy.

11. I have the \_\_\_\_\_ to make my dreams come true.

14. I \_\_\_\_\_ in myself and my abilities.

## Word Bank

Positive Thoughts  
 solutions  
 Everything  
 Awesome

Believe  
 Open  
 enough  
 Fresh Start

Anything  
 Positive  
 Happiness  
 Love

Power  
 Deserve  
 Amazing  
 Loved

forgive  
 Grow  
 I Will  
 Charge