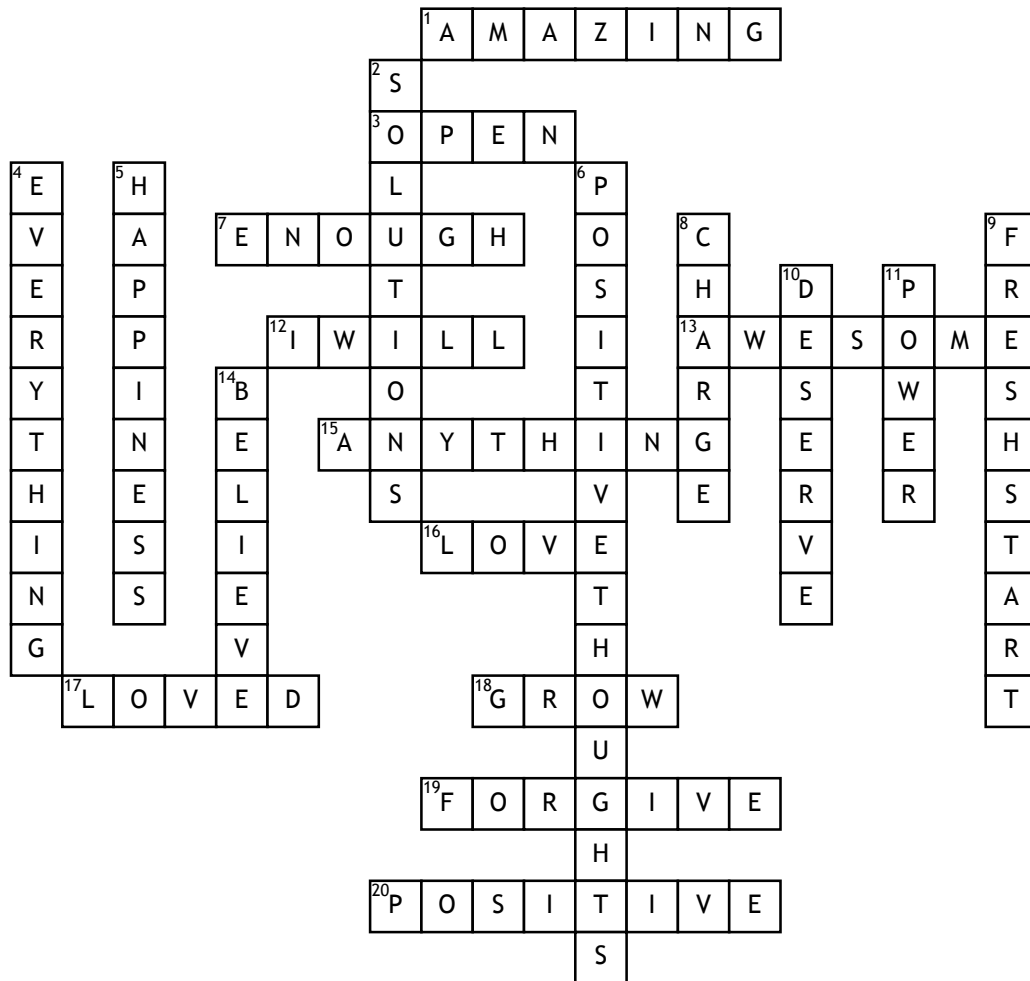


Name: _____

Date: _____

Self Esteem



Across

1. I am an _____ person.
3. I am _____ and ready to learn.
7. I am _____
12. If I fall, _____ get back up again.
13. Today is going to be an _____ day.
15. I can get through _____

16. I have people who _____ and respect me.

17. I deserve to be _____

18. My challenges help me _____

19. I _____ myself for my mistakes

20. Today I choose to think _____

Down

2. All of my problems have _____

4. It's okay not to know _____

5. I control my own _____

6. My _____ create positive feelings.

8. I am in _____ of my life.

9. Every day is a _____.

10. I _____ to be happy.

11. I have the _____ to make my dreams come true.

14. I _____ in myself and my abilities.

Word Bank

Open
Power
Loved
Happiness

solutions
Charge
Love
Everything

Positive Thoughts
enough
Believe
I Will

Awesome
forgive
Anything
Amazing

Grow
Positive
Fresh Start
Deserve