

Name: _____

Date: _____

Summer Health

B T M A E R C N U S I I H K B F L M C T S I U D
T N U F D W O M E C P L W P S U R A H N Y Q T G
K W L U S E S S A L G N U S P Z O O Y F O B M R
I N S E C T R E P E L L E N T W M G M G P I M V
I B V S N O I T A R D Y H J G R R P R G V T J K
M A T D E H Y D R A T I O N W E R T B E F H I F
E T I B G U B M K N M Z Z L L K K B O I L V S P
U Y G U Q A V R E E R Z N L P J A W E N A A S O
J I R W G E R L X R V U A Y W X J Q U I K C X R
H F E P D Z L Y U N W G Q L X X H I T S S U F H
W V G A X O V H K A W N E D P A T V Y O Q P P Y
J X H N P N Q V L E N S C V T W O A V W J N F S
W S Q J G M A K T W S I M C T H R U J R Q T D R
A J Q Y B Z R V J S I E F E I V Q T T U K M H K
E K O R T S T A E H Z G I F U Z P D O S V Q Y W
V D L P V R O M D O S D B Z N N B Q R S I K E O
V I I N X X P V Q G N A F U D B W S V F C D O F
M A U A E J S O N R E V E F Y A H W F M W N E C
P G W G T U V I F E Q B E X E R C I S E T Z Z J
B E E W I S Z F M T Z L U L V L N M S J C R B K
Z G E O V E R Q K V R Q E I A Y D M B Y N A M W
U L J L E Y S I R D A O B Z I T Z I A F J X Q U
G U S N S A K I F C U R M Q S Q J N F Y H E V R
C W S H L P E X Y K T A Z Y H M H G R E T A W K

Insect Repellent
First Aid
Exercise
Allergy
Relax
Walk

Dehydration
Hydration
Bug Bite
UV Rays
Shade
Diet

Heat Stroke
Sneezing
Suncream
Outside
Sleep
Hat

Sunglasses
Swimming
Hayfever
Pollen
Water
SPF