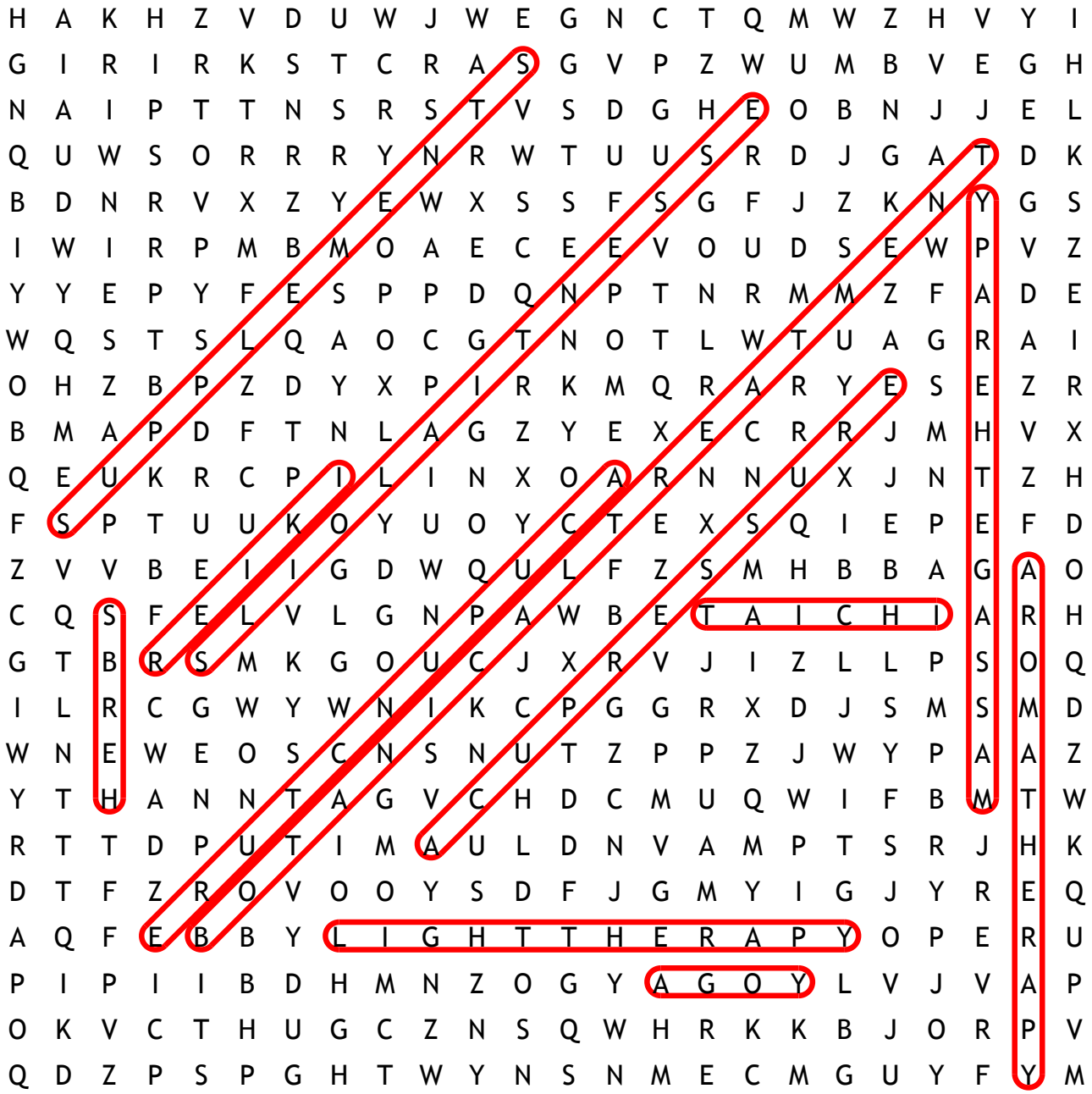
Name: _____ Date: _____

Alternative Therapies



botanical treatment
massage therapy
essential oils
light therapy
aromatherapy
supplements
acupressure
acupuncture
tai chi
herbs
reiki
yoga