

Name: _____

Date: _____

Sleep terminology

1. REM BUARHVIOE SEDRODIR REM behaviour disorder
2. PPOCHINOMYP LUSTIHANINCAOL Hypnopompic hallucinations
3. OGOHYIGPNOC UATIHAOSNCLIL Hyponogogic hallucinations
4. IAIACCRDN Circadian
5. SEPLE LYRSAIPSA Sleep paralysis
6. AENNTOMIL Melatonin
7. YADEDLE PLSEE EPASH EOYNDMSR Delayed sleep phase syndrome
8. PISNARMOAA Parasomnia
9. ANISNOMI Insomnia
10. CYINHP RKJE Hypnic jerk
11. OTTBRCUESVI LESPE OENAPA Obstructive sleep apnoea
12. LRSSTESE LEG ERSDNMYO Restless leg syndrome