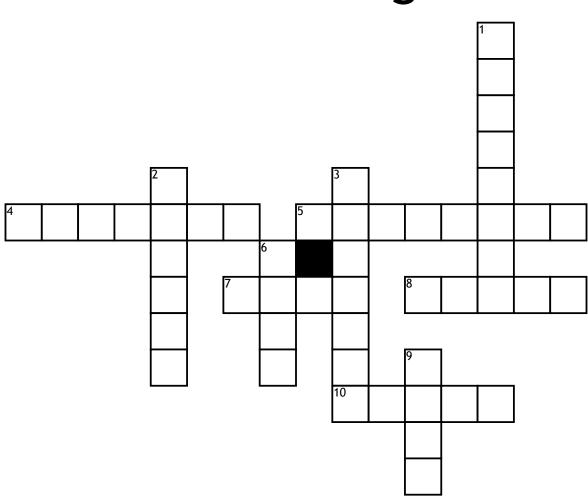
## Well Being



## <u>Across</u>

4. It is good to keep this up so we don't smell Personal ......
5. We should always try to be .....
7. We all need a healthy ITED
8. We all need a good ......
routine so we are not tired
10. Who could help you in college .....

## <u>Down</u>

1. What is it called when we move a lot

2. The well being of our brain is called ...... Health

**3.** Where could we go if we need help .....

6. If our mates need to talk we should make ..... for them

**9.** Its good to .....