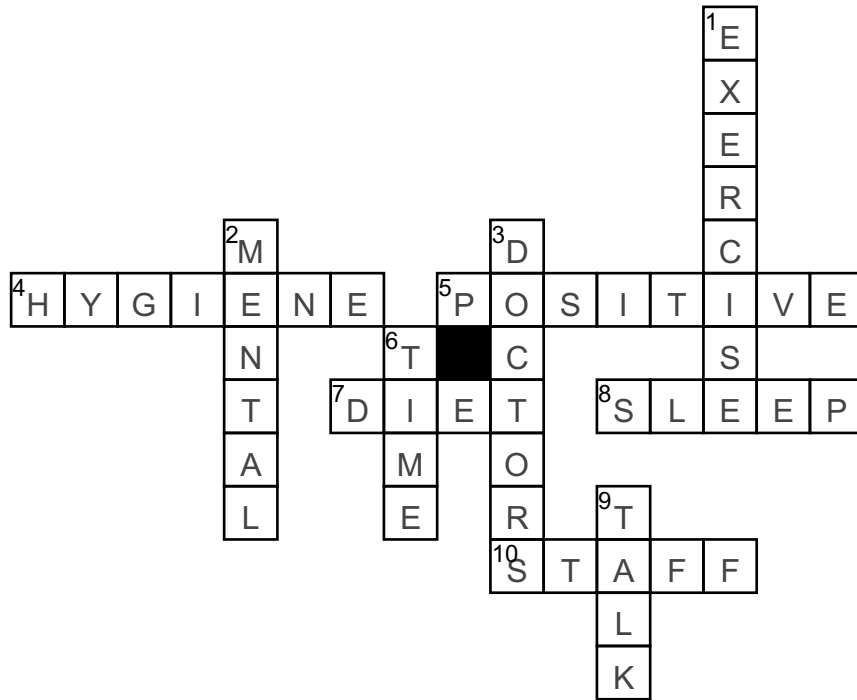


# Well Being



**Across**

- 4. It is good to keep this up so we don't smell Personal .....
- 5. We should always try to be .....
- 7. We all need a healthy ITED
- 8. We all need a good ..... routine so we are not tired
- 10. Who could help you in college .....

**Down**

- 1. What is it called when we move a lot
- 2. The well being of our brain is called ..... Health
- 3. Where could we go if we need help .....
- 6. If our mates need to talk we should make ..... for them
- 9. Its good to .....