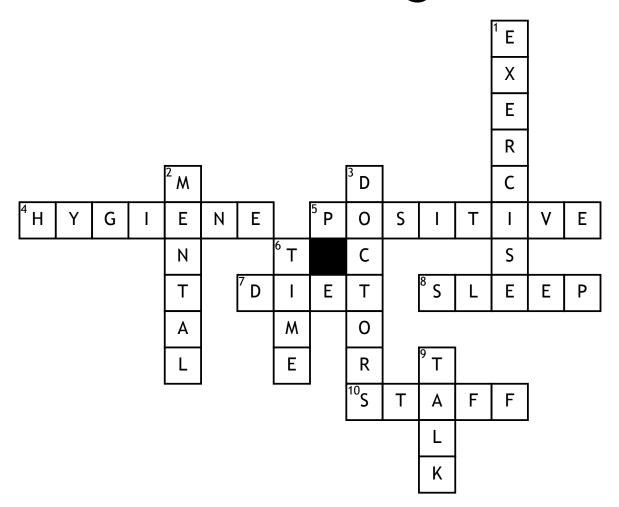
Name:	Date:
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## Well Being



## **Across**

- **4.** It is good to keep this up so we don't smell Personal ......
- **5.** We should always try to be
- 7. We all need a healthy ITED
- 8. We all need a good ......routine so we are not tired10. Who could help you in college .....

## **Down**

- 1. What is it called when we move a lot
- 2. The well being of our brain is called ...... Health
- 3. Where could we go if we need help ......
- **6.** If our mates need to talk we should make ..... for them
- **9.** Its good to .....