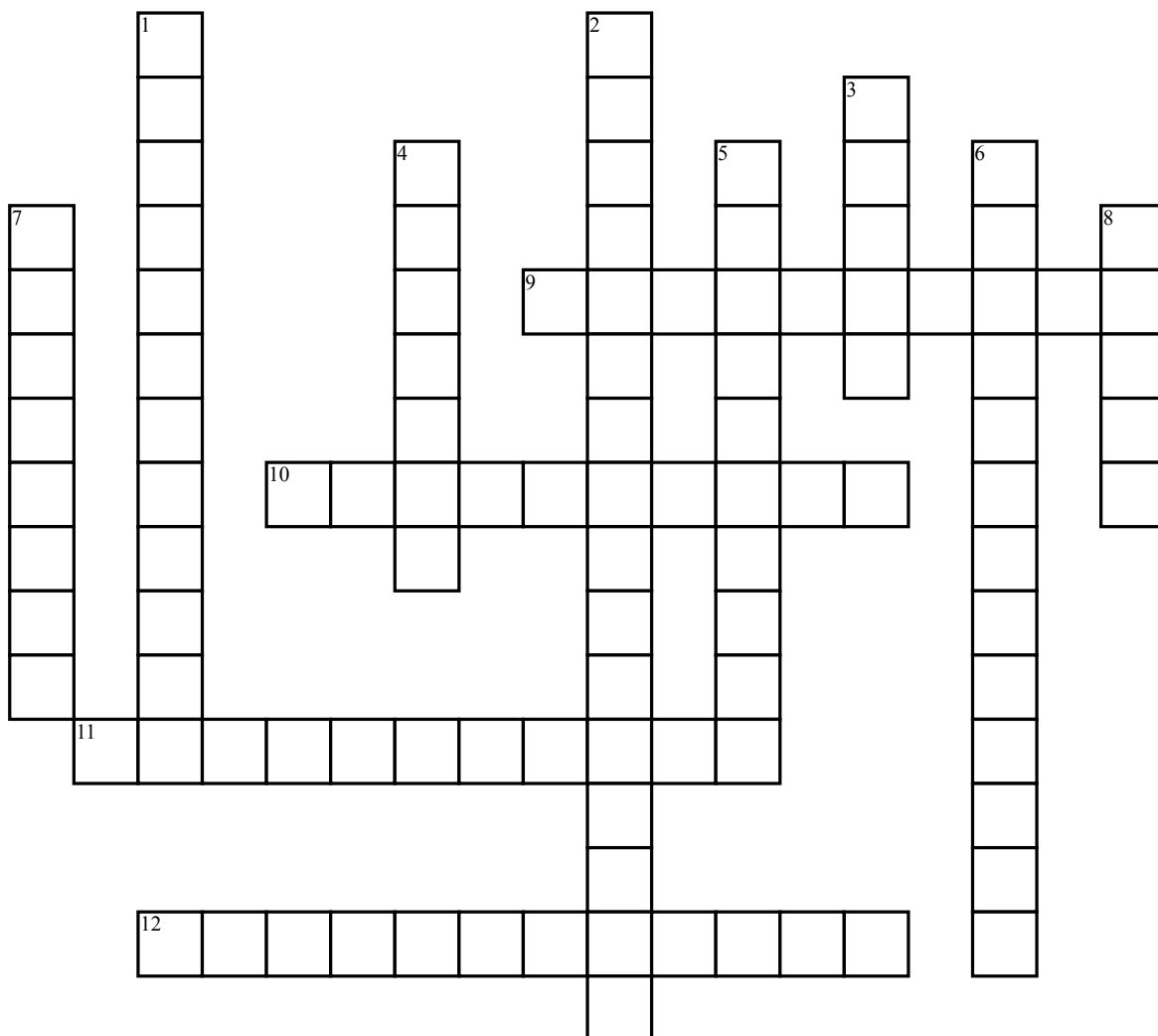


Name: _____

Date: _____

Primary Needs



Across

9. A healthy way to meet this need is through meditation. An unhealthy way to meet this need is through drug and alcohol use.

10. I can meet this primary need by engaging in leisure activities.

11. Primary need about feeling connected to others.

12. Going to church is one way to meet this primary need.

Down

1. When I live by my values, I meet the need of _____.

2. A way to ensure you meet all of the needs in a health way is to create a _____.

3. A Balanced Life Plan should include _____, which means that all of the needs are included in your plan.

4. A Balanced Life Plan should include _____, which means that the way you meet the needs are compatible with one another.

5. Going to work and doing a good job helps me meet the need of _____.

6. Which primary need is about food, clothing, and shelter?

7. The ability to follow through on the Balanced Life Plan that you have created.

8. It is important to ensure you have the _____ to successfully impliment your Balanced Life Plan.