

Name: _____ Date: _____ Period: _____

Hygiene

1. TEEHT Teeth
2. RUHSB Brush
3. 02 CSNSODE 20 Seconds
4. HOORAMTB Bathroom
5. MTAMEEIL Mealtime
6. POSA Soap
7. AESF Safe
8. TRWAE Water
9. WMRA Warm
10. NLEAC Clean
11. NGEUOT Tongue
12. BTAH Bath
13. EROWSH Shower
14. AWHSLCOTH Washcloth
15. 2 NEIMTSU 2 minutes
16. BKCA NAD HTFOR Back and Forth
17. URSBC Scrub
18. SLEPE Sleep
19. IEETCESNRM Screentime
20. FNU Fun