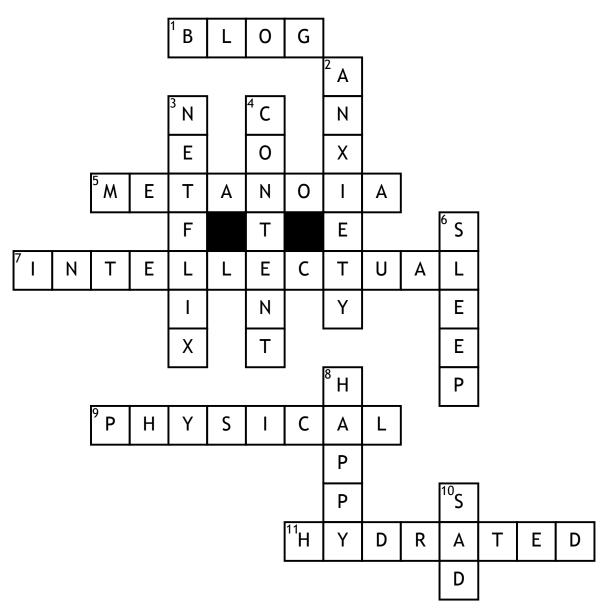
Name:	Date:
-------	-------

Wellness Crossword



Across

- **1.** You should go check out the Wellness!
- 5. In which res are we?
- **7.** The wellness pillar that focusses on academics, studying, etc.
- **9.** The wellness pillar that deals with exercising, sleeping, etc.
- **11.** Stay _____, kids!

Down

2. A feeling of overwhelming fear or stress

- **3.** The app we use to watch series when we should study
- **4.** Feeling very happy with who and where you are
- **6.** Something you should do to rest when you're actually up till 2 am
- **8.** Joy
- **10.** How we feel because we cannot go back to Stellenbosch