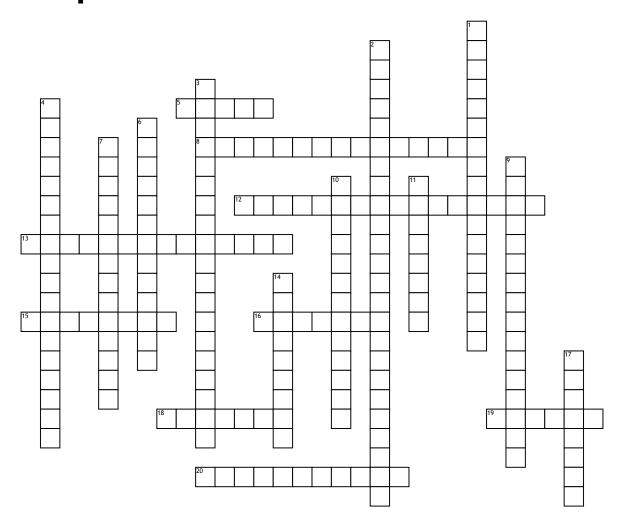
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Sports Medicine - Knee



Across

- **5.** Inward bending or twisting force.
- **8.** The growth plate on the end of a hone
- **12.** A layer of tissue that lines joint cavities and produces synovial fluid.
- **13.** The tendon that encompasses the patella and extends distally across the front of the knee.
- **15.** A grinding noise or sensation within a joint
- **16.** The kneecap
- **18.** The rounded prominence found at the point of articulation with another bone.

- **19.** Outward bending or twisting force
- **20.** The area where the satorious, gracillus, and semitendinosus muscles attach to the anteriomedial tibia.

<u>Down</u>

- **1.** The point where the tibia meets with the femur.
- **2.** A flat longitudinal band found on the medial side of the knee joint.
- **3.** The point where the kneecap and femur are connected in the trochlear groove
- **4.** The thin layer of connective tissue over the ends of long bone.

- **6.** A lubricating substance, produces by the synovial membrane, found in joints
- **7.** Cartilage in the knee between the femoral condyle and the medial tibial plaeteau
- **9.** A layer of tissue that lines joint cavities and produces synovial fluid.
- **10.** The top, flat portion of the tibia.
- **11.** A small bone formed in a tendon where it passes over a joint.
- **14.** A large group of four muscle in the front of the thigh.
- 17. Swelling within the joint cavity.