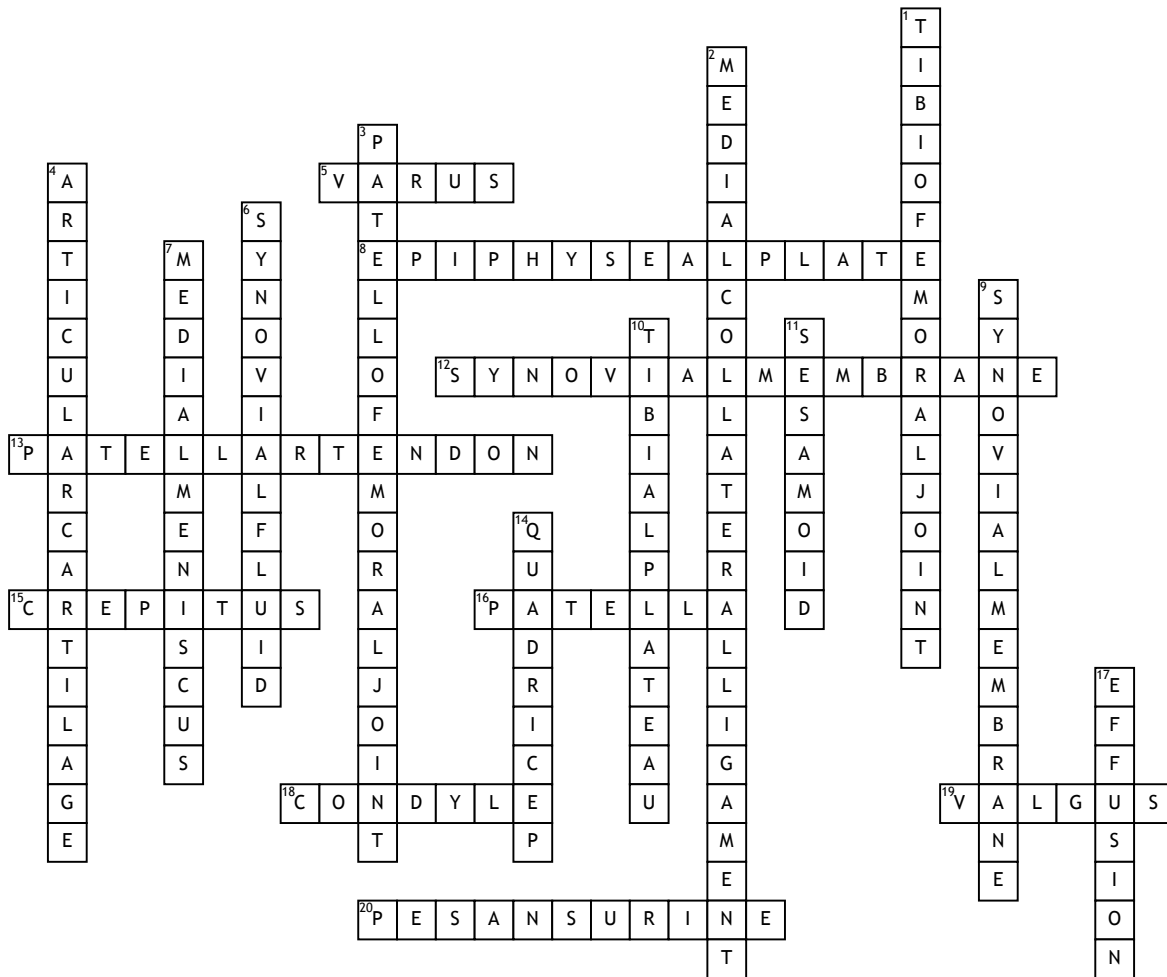


Sports Medicine - Knee



Across

5. Inward bending or twisting force.
8. The growth plate on the end of a bone.
12. A layer of tissue that lines joint cavities and produces synovial fluid.
13. The tendon that encompasses the patella and extends distally across the front of the knee.
15. A grinding noise or sensation within a joint
16. The kneecap
18. The rounded prominence found at the point of articulation with another bone.

19. Outward bending or twisting force

20. The area where the sartorius, gracilis, and semitendinosus muscles attach to the anteromedial tibia.

Down

1. The point where the tibia meets with the femur.
2. A flat longitudinal band found on the medial side of the knee joint.
3. The point where the kneecap and femur are connected in the trochlear groove
4. The thin layer of connective tissue over the ends of long bone.

6. A lubricating substance, produced by the synovial membrane, found in joints

7. Cartilage in the knee between the femoral condyle and the medial tibial plateau

9. A layer of tissue that lines joint cavities and produces synovial fluid.

10. The top, flat portion of the tibia.

11. A small bone formed in a tendon where it passes over a joint.

14. A large group of four muscles in the front of the thigh.

17. Swelling within the joint cavity.