

Name: _____

Date: _____

Maslow's hierarchy of needs

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| 1. Food, shelter, warmth and rest. Without these, humans cannot survive. G | A. Self-actualisation |
| 2. Protection from any form of danger and physical and psychological threats. F | B. Esteem needs |
| 3. Need for friendship, affections, and love. D | C. Esteem needs |
| 4. The need to feel achievement, competence, independence, and respect from others. B | D. Love and belonging |
| 5. The process of understanding oneself more completely and feel fulfilment in what they do. A | E. Self-actualisation |
| 6. Adequate pay, subsidised meal and accommodation. G | F. Safety and security |
| 7. Job security and safe working conditions. F | G. Physiological needs |
| 8. Teamworking, good communication systems and social facilities. D | H. Physiological needs |
| 9. Praise for doing a good job, awards and rewards for achievement. B | I. Love and belonging |
| 10. Opportunities to be challenged, creative, solve problems and make decisions. A | J. Safety and security |