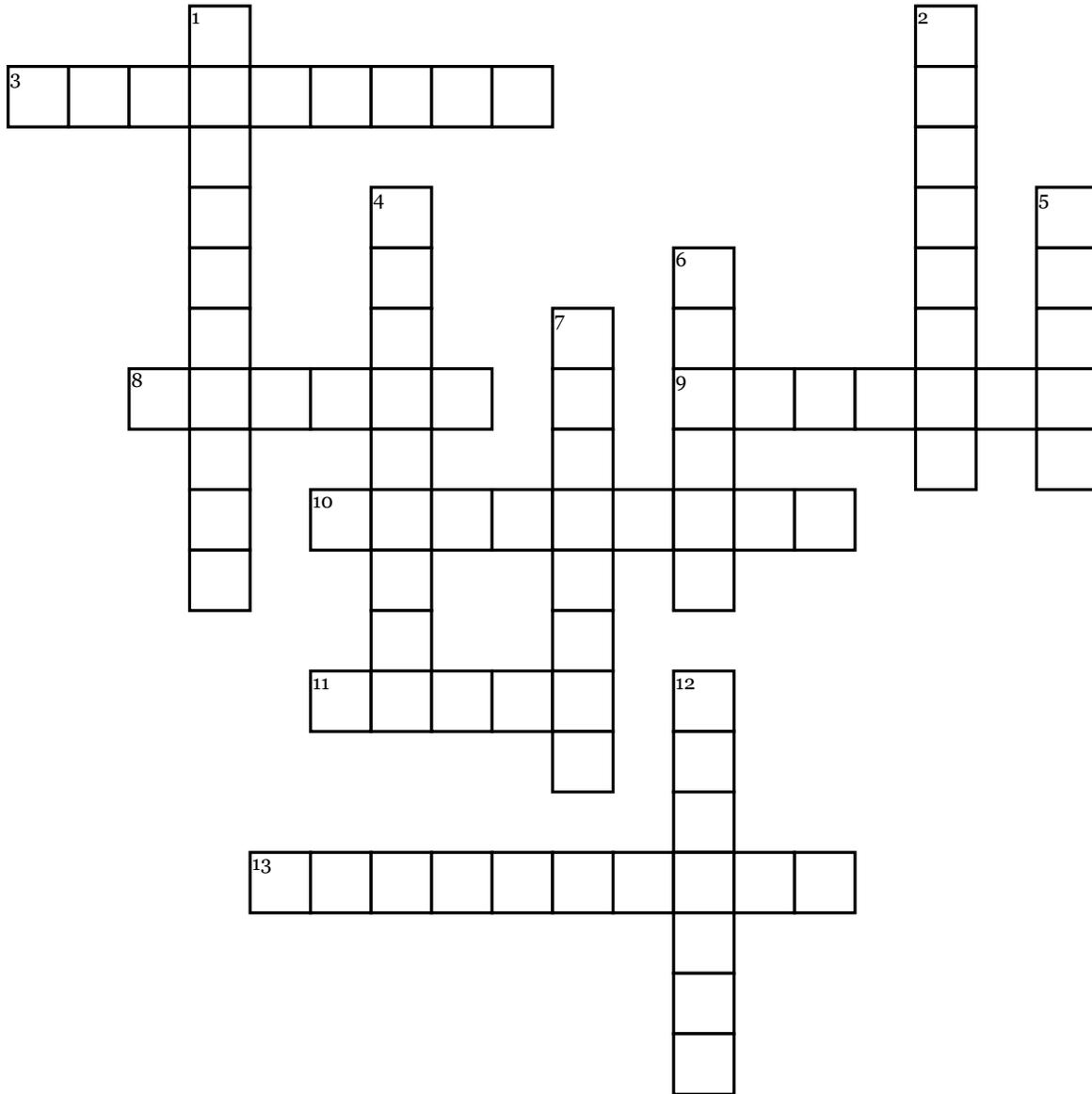


Smoking Cessation



Across

3. It is hard to quit smoking because the nicotine found in cigarettes is a very _____ drug.

8. Smoking is the leading preventable cause of _____.

9. to begin to use a drug again after stopping for a while.

10. _____ is found in cigarettes, but it is also used to kill small rodents.

11. One step you can take to help you quit smoking is to _____ new skills and behaviours.

13. Those who quit smoking, protect their peers from the harmful effects of _____ smoke.

Down

1. Physical and physiological reactions that occur when someone stops using an addictive substance

2. One step you can take to help you quit smoking is to _____ new skills and behaviors

4. a condition when a person needs more and more of a drug to get the same effects

5. One benefit of not smoking is having extra _____ to spend on other things

6. Why do most people smoke cigarettes?

7. The drug that's in a cigarette.

12. The plant that contains nicotine