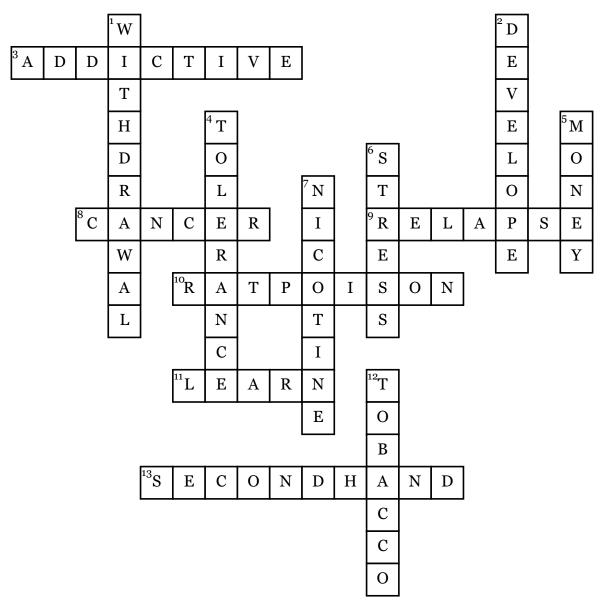
Name:	Date:
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Smoking Cessation



Across

- **3.** It is hard to quit smoking because the nicotine found in cigarettes is a very
- drug. **8.** Smoking is the leading preventable cause of
- **9.** to begin to use a drug again after stopping for a while.
- 10. _____ is found in cigarettes, but it is also used to kill small rodents.
- **11.** One step you can take to help you quit smoking is to ___ new skills and behaviours.

13. Those who quit smoking, protect their peers from the harmful effects of _____ smoke.

Down

- **1.** Physical and physiological reactions that occur when someone stops using an addictive substance
- 2. One step you can take to help you quit smoking is to new skills and

behaviors

4. a condition when a person needs more and more of a drug to get the same effects

- **5.** One benefit of not smoking is having extra _____ to spend on other things
- **6.** Why do most people smoke cigarettes?
- 7. The drug that's in a cigarette.
- **12.** The plant that contains nicotine