Name: _____

Healthy Eating Word Search

S F N C C L G A R L I C U I M M M O V J Y V Y A
U P X O N O L E M R E T A W S I S P I N A C H D
Y P R V Z P L L Y N G M U E X A V S Z M X D E L
Q N V K D C Q S G F E J F W Z S E X J I C P U H
R J T Z V D Y K T G H B M O G K I P I L R X O M
C O V Q C A R V Q U D D T T A J C S K K T C C Z
E J R G V G R G J I N X P K V E E A L L O P A A
A T K Q V E E O T H P M W L A C I Q R C K W I V
S E R O P U B U O W C P Q X C Z C N O R O N B I
F W E P Y X P J M A E F S H A Z T N Z K O R I W
Z F E U T T S F A T L J N R D T U I E B O T O Z
M P C I N O A C T E X T O I O T V B G C B R H E
A I M L M I R R O R R A I D T A V U O N G K J O
T P R O T E I N E O F E N X U F R L P M O N X A
C E Y O G U R T S I E M O Q U S I I S P N L J N
Q Y E R B A N A N A S V M J G R R J C T B M E P
L C I D I S O M C N R Y C C K E Y P K E A X T M
I A T W Z P B S Q H Y S J N G B C R X S I R Q T
M S I M I E D E K L E E T N T M F O C B A W C M
E H M Y A K B K W E W R I I T U F T W B Y I G H
S E H N E Y D Z T M M G R M V C S I E A U Y X Q
U W S L P Q L Y P O F E G Y D U T E N V M G A K
C S E P S A L M O N D X H B Y C Z N E G Y G Q F
N Y B N H E P M F S M F X W Z D Y S F V U U J H

watermelon
bananas
starch
garlic
water
rice
raspberry
coconut
pepper
ginger
limes
meat
cucumbers
spinach
cherry
onions
kiwi
nuts
protiens
brocoli
carrot
lemons
corn
tomatoes
avacado
yogurt
melon
peas
cashews
protein
salmon
beans
milk

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