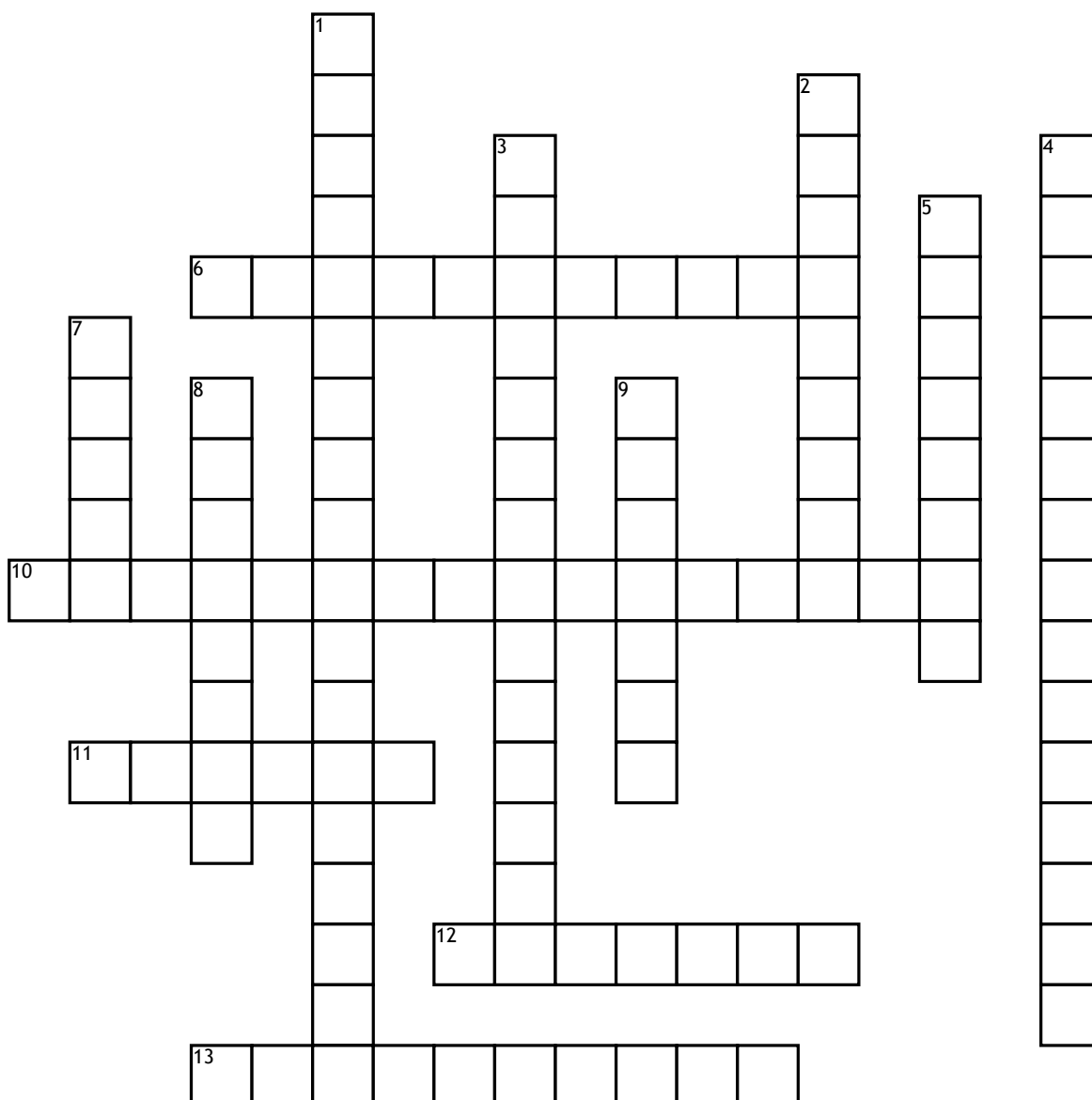


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Weight Management and Eating Behaviors



## Across

6. physical reaction to certain foods  
 10. Sensible eating and exercise habits that keep weight at a healthy level  
 11. a reason to eat  
 12. a diet that promises quick weight loss  
 13. Heavy for one's weight.

## Down

1. allergy to milk products  
 2. How you see and feel about your appearance  
 3. eating disorder that involves overeating then purging  
 4. a eating disorder that involves starving one's self to achive a skinny body image

5. traits one recieves from parents  
 7. a person that is suffering from a high body mass idex may be .....  
 8. Eating a large amount of food at one time  
 9. Forcefully ridding the body of calories.