

## <u>Across</u>

6. physical reaction to certain foods10. Sensible eating and exercise habits that keep

weight at a healthy level

11. a reason to eat

**12.** a diet that promisies quick weight loss

**13.** Heavy for one's weight.

## <u>Down</u>

 allergy to milk products

**2.** How you see and feel about your appearance

**3.** eating disorder that involves overeating then purging

4. a eating disorder that involves starving one's self to achive a skinny body image **5.** traits one recieves from parents

7. a person that is suffering from a high body mass idex may be .....

8. Eating a large amount of food at one time

**9.** Forcefully ridding the body of calories.