My Plate

LETTUCE  YOGURT  WATEREMELON  TURKEY
STRAWBERRY  REGGIE VEGGIE  PUMPKIN  PEPPER
PEAS  PEANUT BUTTER  PASTA  ORANGE
NUTS  NATE  MY PLATE  MILK
MARY DAIRY  KATE  JANE GRAIN  HAM
GRAPE  FARRAH FRUIT  EGGS  DEAN PROTEIN
CRACKER  CORN  CHICKEN  CHEESE
CEREAL  CARROT  BROCCOLI  BREAD
BEANS  BANANA  APPLE