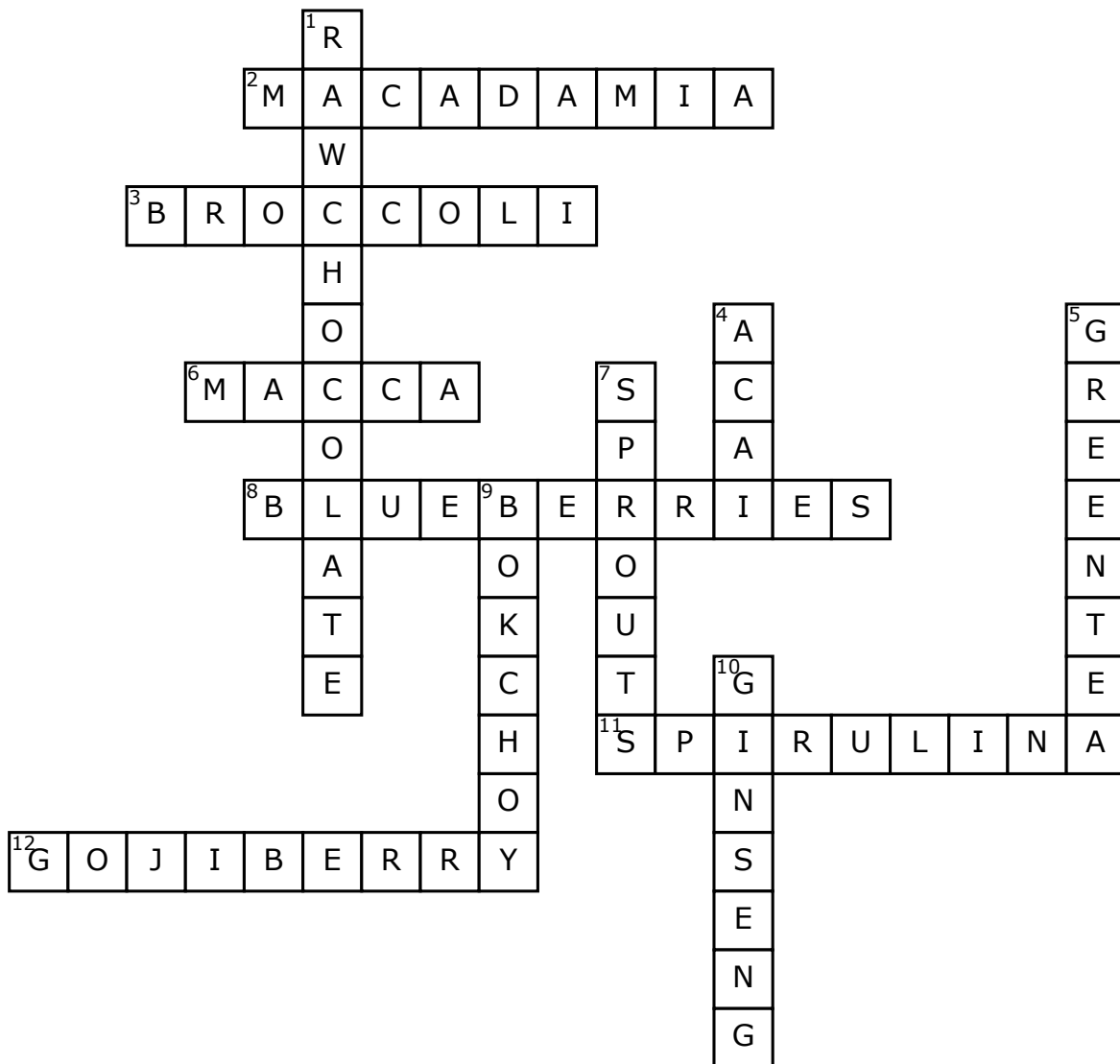


Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Superfood Crossword



## **Across**

- 2.** A tree nut indigenous to Australia and is a common nut  
**3.** Comes from the Italian word broccollo and looks like a tree  
**6.** In Spanish its name is Maca Maca and it is a biennial plant  
**8.** Indigo coloured berries very well known

**11.** An algae like super food that can be found under the sea

**12.** Commonly known as wolf berry it is found in Asia

## **Down**

- 1.** Made from cacao beans and is not usually healthy  
**4.** It is native to Brazil and comes from the acai palm

**5.** An asian tea that helps with preventing diseases and cancer

**7.** Proust like superfood used a lot in Asian dishes and is very thin

**9.** Used a lot in noodle dishes and is referred to Chinese chard cabbage.

**10.** A perennial plant/root that is know as Panax ginseng