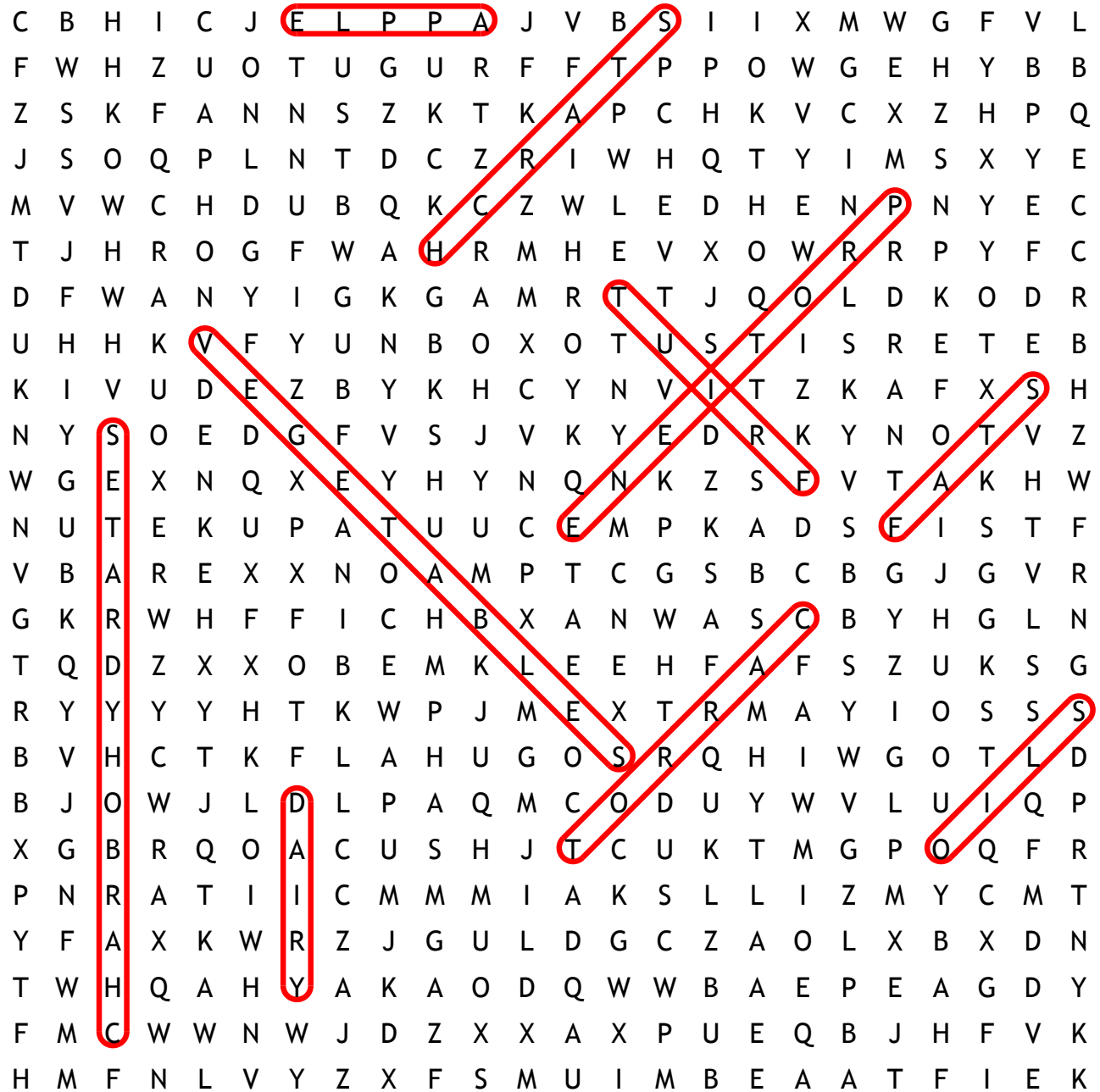


Name: _____

Date: _____

Healthy eating



Charbohydrates

vegetables

protiene

carrot

starch

dairy

apple

Friut

fats

oils