Food allergies and intolerances

 flush skin  swelling  fish  citrus
 celiac disease  asthma  wheezing  nausea
 cramps  vomiting  hives  rash
 wheat  EpiPen  gluten  anaphylactic shock
 nuts  food intolerance  eggs  milk
 shellfish  peanuts

Egg
Fish
Shellfish
Milk
Wheat
Gluten
EpiPen
Rash
Hives
Sneezing
Wheezing
Nausea
Anaphylactic shock