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## GLUTEN FREE FOODS

| U | T | F | R |  |  |  |  |  | R | U |  |  |  | F | M | 0 | D | F | U | K | Z | Z |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Y | G | F | E | N | H | H | P | S | A | B | R |  | L | Z | A | F | S | U | G A | R | 1 | E |
| D | 0 | W | W S | I |  | A | L | T | B | Z | A | X | C | G | L | Q | M | B | V V | G | U | R |
| R | F | J | D | T | - | A | W | B | E | L | G | W | J | W | M | U | W | A | $\checkmark$ J | S | 0 | O |
| T | F | S | U | U | K | v | L | D | A | T |  | T | D | W L | 0 | B |  | S | Y T | G | $P$ | P |
| A | $\bigcirc$ | E | M | M |  | X | X | M | $N$ | J |  |  | H | E | N | L | Z | K | X X | G | 1 | $\bigcirc$ |
| $\mathrm{H}$ | E | S | C | D |  |  |  |  | S | B | N |  |  | E | D |  |  | P | P H | L | S | L |
| $0$ | L | A | K |  |  |  | F | Z |  | W | F |  |  | A N | Y |  |  | 1 | H | U | T | A |
| $M$ | B | M | $4 \mathbb{P}$ |  |  |  | A |  | 0 | W | L |  |  |  | R |  |  | X | W |  | A |  |
| $1$ | A | E | 5 |  |  |  | J | N | V | S | S |  |  |  |  |  |  | A | M | E | C | N |
| $\mathrm{N}$ | T | E |  |  |  |  |  |  |  | S | $\mathrm{J}$ |  |  |  |  |  |  |  | R F | N | H |  |
| $y$ | E | B | U |  |  |  |  |  | L | G | U | V |  | B | $M$ | K | A | R | P B | F | 1 | 0 |
| $N$ | G | K | 0 | Y |  |  |  |  | S | S | E |  |  | N | B | H | 0 | Z | M | R | 0 | G |
| D | E | U | C | H |  |  | Q | N | 0 | W | J | 1 |  | L D | N | V | C | W | E W | E | S | U |
| B | V | E | A |  |  |  |  |  | H |  |  |  |  | X | S | N | 0 | M | W T | E | W | R |
|  |  | R |  |  |  |  |  |  |  |  | U |  |  |  |  |  |  | R | L | P | Q | T |
| S | S | $Y$ |  |  |  |  |  | 0 | $\checkmark$ |  | U | M |  | Z H | F | W | C | R | X I | A | H | H |
|  | E | R | R J |  |  |  | Q |  | Q |  | E | D |  | 0 | N | U | Z | D | 0 R | S | T | Y |
| T | R | K | D | V |  | W | A |  | U | 0 | L | F |  |  | 0 | B | G | R | V V | T | T | N |
| B | E | Y | Y 1 | X |  |  |  |  | S |  | V |  |  |  |  |  |  | 0 | L Z |  | W | C |
|  | H | V |  |  |  |  | U | R | C | A | Z | Z |  |  |  | R | F |  | E- | U |  | G |
|  | 0 | U |  |  |  | R | D | 0 | J | B | W | B |  | U | R | U | 0 |  | M | A | R | G |
|  | U | N | N T |  |  |  | H | 0 | 0 | Z | T | R |  |  | $B$ | P | T | U | $V$ | T | E | D |
|  | E | Z | N | N G | G |  | 5 | C | H |  | L | M |  |  | ) | C | W | Q | 1 R |  |  |  |

GLUTEN FREE PIZZA CRUST
FRESH FRUITS
FRESH EGGS
PISTACHIOS
MUSTARD
ALMOND
POTATO
COCOA
FISH
SOY
GLUTEN FREE PASTA
PLAIN YOGURT
FRESH MEAT
BUCKWHEAT
POULTRY
BUTTER
SESAME
SUGAR
MILK

GLUTEN FREE PASTA
PLAIN YOGURT
FRESH MEAT BUCKWHEAT POULTRY BUTTER SUGAR MILK

FRESH VEGETABLES
CORN FLOUR
GRAM FLOUR
CHESTNUT
TAPIOCA
HOMINY
BEANS
AGAR
RICE

