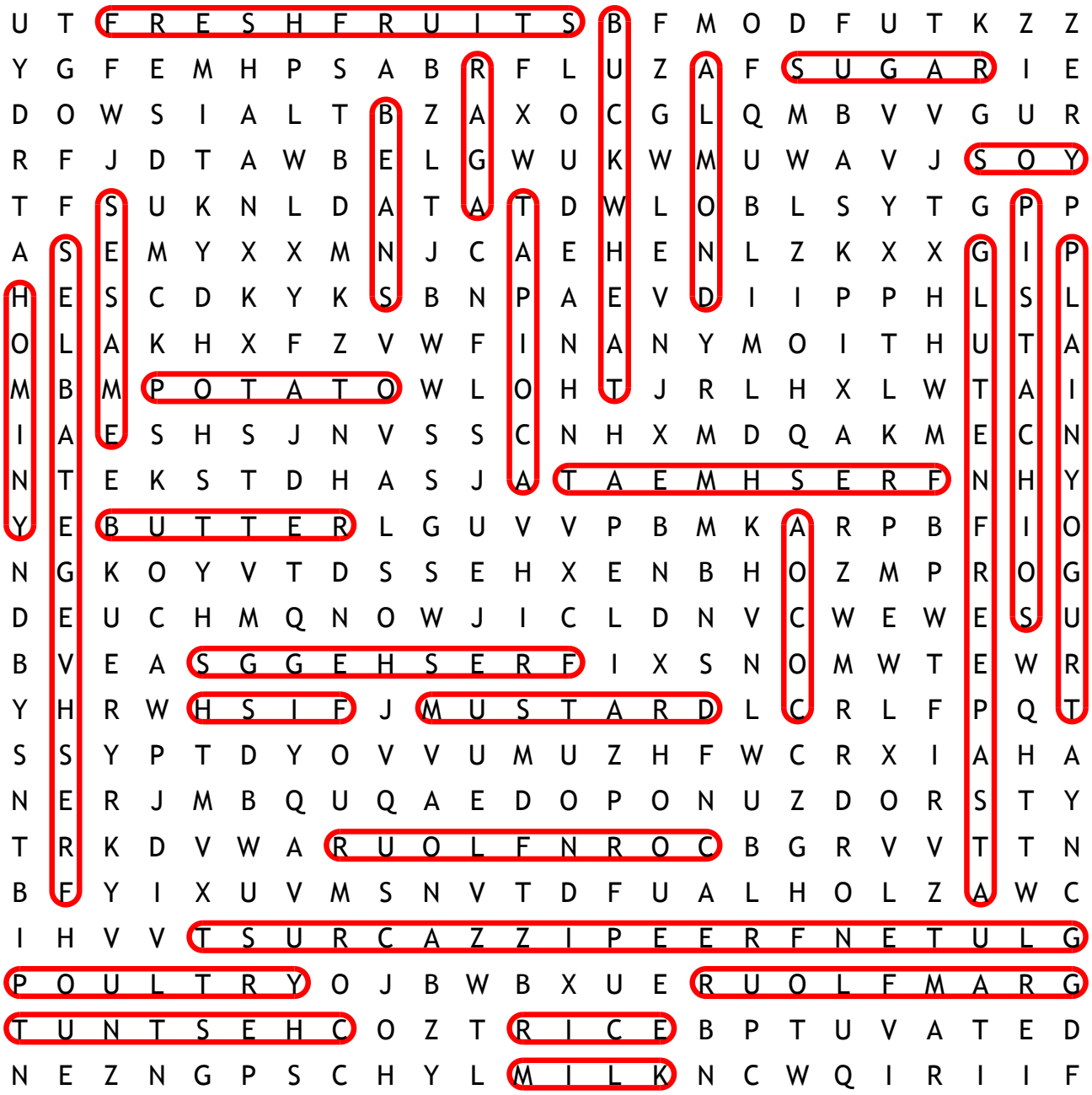
Name: _____ Date: _____

GLUTEN FREE FOODS



GLUTEN FREE PIZZA CRUST
FRESH FRUITS
FRESH EGGS
PISTACHIOS
MUSTARD
ALMOND
POTATO
COCOA
FISH
SOY

GLUTEN FREE PASTA
PLAIN YOGURT
FRESH MEAT
BUCKWHEAT
POULTRY
BUTTER
SESAME
SUGAR
MILK

FRESH VEGETABLES
CORN FLOUR
GRAM FLOUR
CHESTNUT
TAPIOCA
HOMINY
BEANS
AGAR
RICE