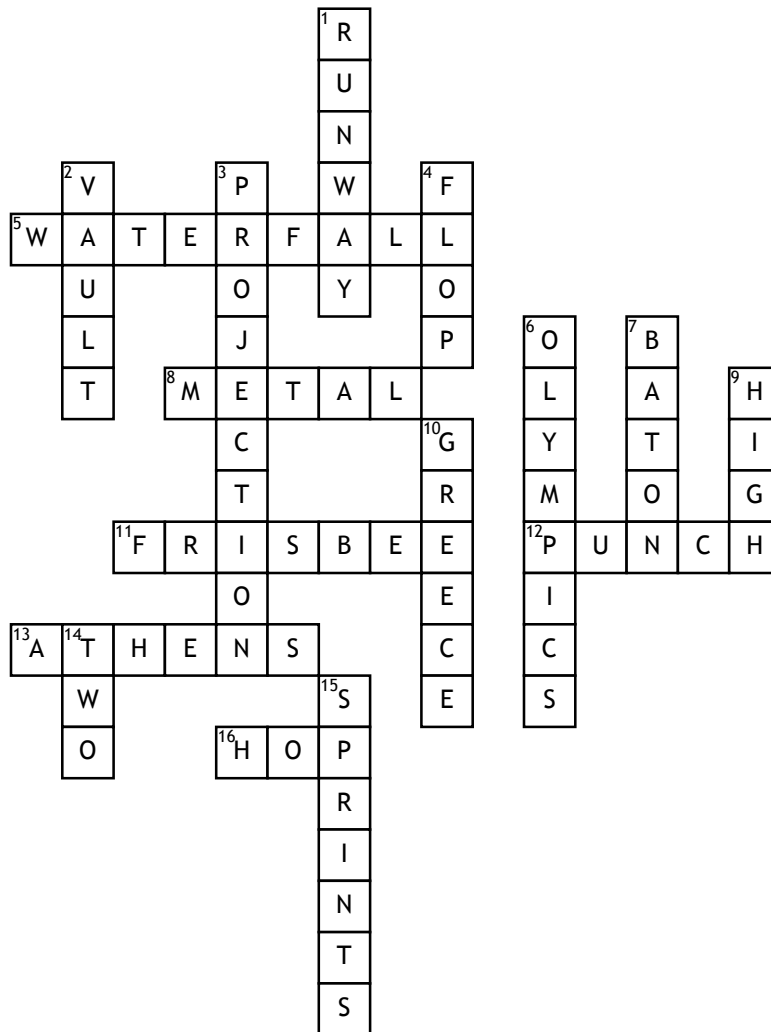


# Track and Field Crossword Puzzle



**Across**

- 5. This is another term for a staggered start.
- 8. That put involves "putting" a heavy \_\_\_\_ ball.
- 11. The discus looks like a small heavy \_\_\_\_\_.
- 12. When jumping hurdles, the cues words are kick and \_\_\_\_\_.
- 13. The first modern day Olympics were held in this city.
- 16. The 3 phases of the triple jump are \_\_\_\_, step, jump.

**Down**

- 1. When performing the long jump, you must sprint the \_\_\_\_\_.
- 2. The pole \_\_\_\_\_ is when an athlete jumps over an obstacle with the aid of the pole.
- 3. The hammer throw is a sport of strength, balance and \_\_\_\_\_.
- 4. The Fosbury \_\_\_\_\_ is the style of jump when the athlete crosses the bar with the head/back first.
- 6. This is the most celebrated track & field competition is the \_\_\_\_\_.

- 7. In a relay, the runners pass a \_\_\_\_\_ to the next runner.
- 9. The \_\_\_\_ jump event where the athlete attempts to jump over a bar and lands onto a large soft mat.
- 10. The sport of track and field has it's roots in ancient \_\_\_\_\_.
- 14. The mid distance, 800 meter, is equivalent to \_\_\_\_ laps around the track.
- 15. These are short running events like the 100, 200 and 400,

**Word Bank**

- |            |        |         |        |          |       |
|------------|--------|---------|--------|----------|-------|
| metal      | runway | hop     | Greece | frisbee  | two   |
| projection | high   | Sprints | punch  | Olympics | vault |
| waterfall  | flop   | baton   | Athens |          |       |