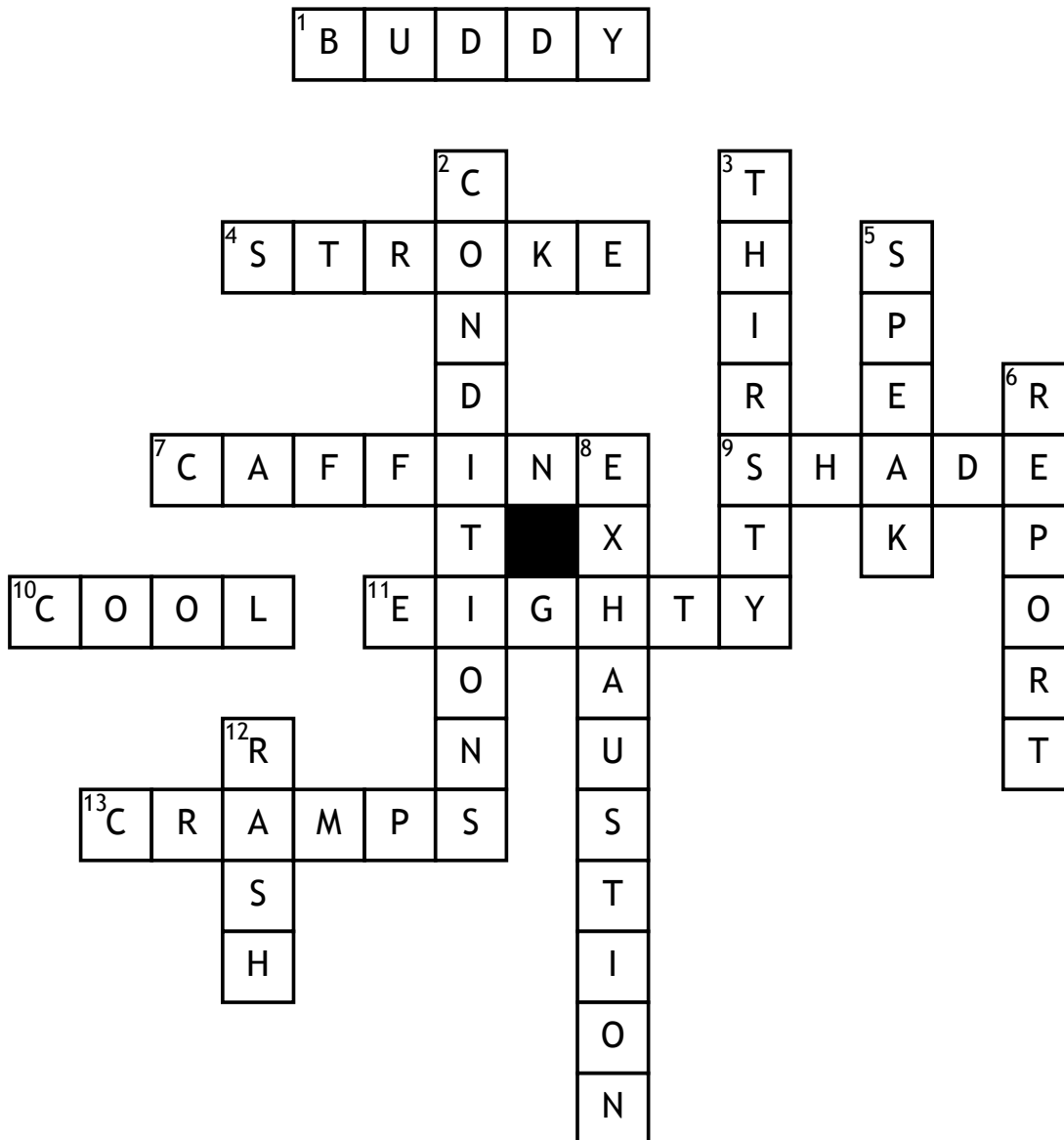


Heat Illness Awareness



Across

1. One requirement during high heat conditions at 95deg and greater require you to work with a _____?
4. No longer sweating, hot/dry skin and high body temp are warnings of heat _____?
7. During hot weather avoid drinking water with _____?
9. When encountering symptoms of heat illness you should seek _____ to cool down.

10. Wearing light-colored, loose-fitting clothing allows your skin to breathe and _____ off efficiently.

11. 4.1.1. Whenever the outdoor temperature equals or exceeds _____ deg Fahrenheit, one or more areas with Shade will be provided whenever employees are present.

13. Spasms, usually in leg and arm muscles are symptoms of heat _____.

Down

2. Heat illness can occur when engaged in strenuous activity during hot weather _____.

3. Especially in hot weather, drink plenty of water even if you don't feel _____?

5. If you spot someone whom may be experiencing signs of heat illness, you should _____ Up?

6. Immediately _____ any symptoms of heat illness to your supervisor

8. Early signs of weakness, dizziness, nausea or mild cramps can be indication of heat _____?

12. Heat _____ is a skin inflammation caused by excessive sweating?