Across
6. Ideals and beliefs that are considered important by everyone in the group. (2 words)
9. Something you want to have or achieve.
11. The end result of a choice.
12. All the ideals and beliefs that are important to you.
13. These help measure your progress toward goals. They also help you determine whether or not you have achieved your goals.
15. The type of decision made every day without much thought. (2 words)
16. Something you plan that will take longer to complete. (3 words)
17. These include personal qualities and characteristics as well as the support you receive from others to help you achieve your goals. (2 words)
18. Any item you have available to help you, such as money, a car, tools, time and information. (2 words)

Down
1. A step by step method to guide your thinking when you need to make a planned decision. (3 words)
2. Something you plan to achieve in the near future. (3 words)
3. In this type of decision you use more time and energy to make the best choice. (2 words)
4. Carrying out your plan of action.
5. To plan or estimate ideas for the future.
6. A long term goal can be broken down so it is easier to achieve.
8. A choice.
10. Something that stands in the way as you try to reach a goal.
14. Anything available to help you carry out your decisions.