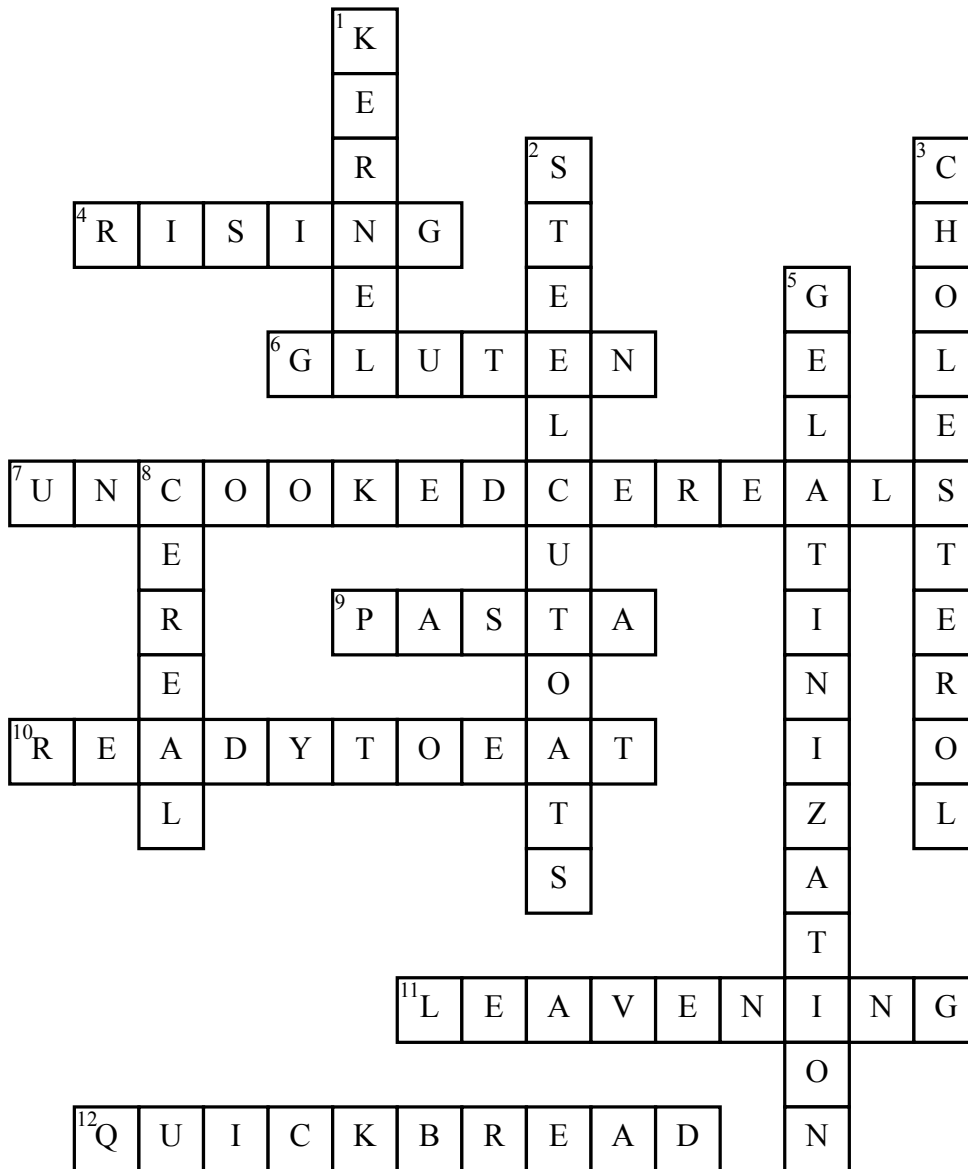


Bread, Cereal, Rice, And Pasta



Across

4. increasing in volume
6. elastic substance formed from the protein in flour when the flour is mixed with water
7. cereals that require cooking before serving
9. grain products made from a special durum wheat which is high in gluten and adds protein to the diet

10. cereals cooked and ready for the table
11. substance used to make food light in weight or force food to rise by producing gas
12. bread that doesn't need rising or kneading

Down

1. grain or seed from corn, wheat, rice, oats, etc.

2. oats that are cut into two or three pieces instead of being rolled
3. a substance produced by the body which also can be found in foods
5. thickening or soft gel which forms when starches are cooked
8. common name for grains