## Recovery

**Challenges**
- Meditation
- Obsession
- Relapse
- Sobriety
- Support
- Urge

**Big Book**
- Sobriety
- Support
- Treatment

**Desperate**
- Change
- Denial
- Drugs
- Fellowship
- PAWS
- Prayer
- Sponsor

**I am free.**
- I am worth it

**External**
- Fellowship
- Healthy

**HALT**
- Healthy

**I am free.**
- I am worth it

**Meditation**
- Meeting

**Obsession**
- PAWS

**Relapse**
- Serenity

**Sobriety**
- Sponsor
- Steps

**Support**
- Treatment

**Urge**
- Wisdom

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