

Name: _____

Date: _____

Recovery

Y H T L A E H N Q J F U K Z O E C I V R E S S S
R J Y W G N I L A N R U O J T A B I L L T Q L L
E F T I N O I S S E S B O N I E B A N E Q A X L
L E E A E W P V H W E F X G H C X U L I N E U I
A L I M H Q H V X T M S B E T N I Q S R V G K K
P L R F O Q M P A L M I N F R A K M E E A N B S
S O B R K P R R B E G O K F O D U T U E L A A G
E W O E D A E R D B I K P B W N X L M I A H W N
A S S E Y P A I O S W K H E M E K Q T A O C A I
B H U E S V T O S Y R L H G A P M U R G E Y C P
E I R E E A K E R K A U R A I E G U I L T E T O
S P D R T X R E T N M A Z D B D Z S K E D X I C
U C Y I S P V R R I T Y T D Z U S E F F E C O A
B A O K E O E E L I K A G I T A T G M S R E N Z
A N J D C A T I T J P F N C T B R N O E E R P S
E S E E T N T U H A K L I T S Q I E D R W S L H
C P R M I Y D G W O S T V I N N G L S E O I A A
N O E N L E V S O M P G A O E C G L I N P Z N M
A N L H A L T W B O B E R N O M E A W I M E C E
T S U A S M W M W L Z R C U A A R H R T E Z A E
S E K T I P L T B M B H R X W K G C F Y D K H C
B R U X R N E R J E F A M I N D F U L L N E S S
U I Z Q G C E T B E G L Y S G U R D Y T I N U B
S U P P O R T D S E M E E T I N G U I G W E E Q

AA	Abuse	Action Plan	Addiction
Big Book	Bill	Bob W	Bravery
Challenges	Change	Coping Skills	Courage
Craving	Denial	Dependence	Depression
Desperate	Drugs	Empowered	Excercise
External	Fellowship	Gratitude	Guilt
HALT	Healthy	Hope	Humility
I am free.	I am worth it	Internal	Journaling
Meditation	Meeting	Mindfulness	NA
Obsession	PAWS	Prayer	Recovery
Relapse	Serenity	Service	Shame
Sobriety	Sponser	Steps	Substance Abuse
Support	Treatment	Trigger	Unity
Urge	Wisdom		