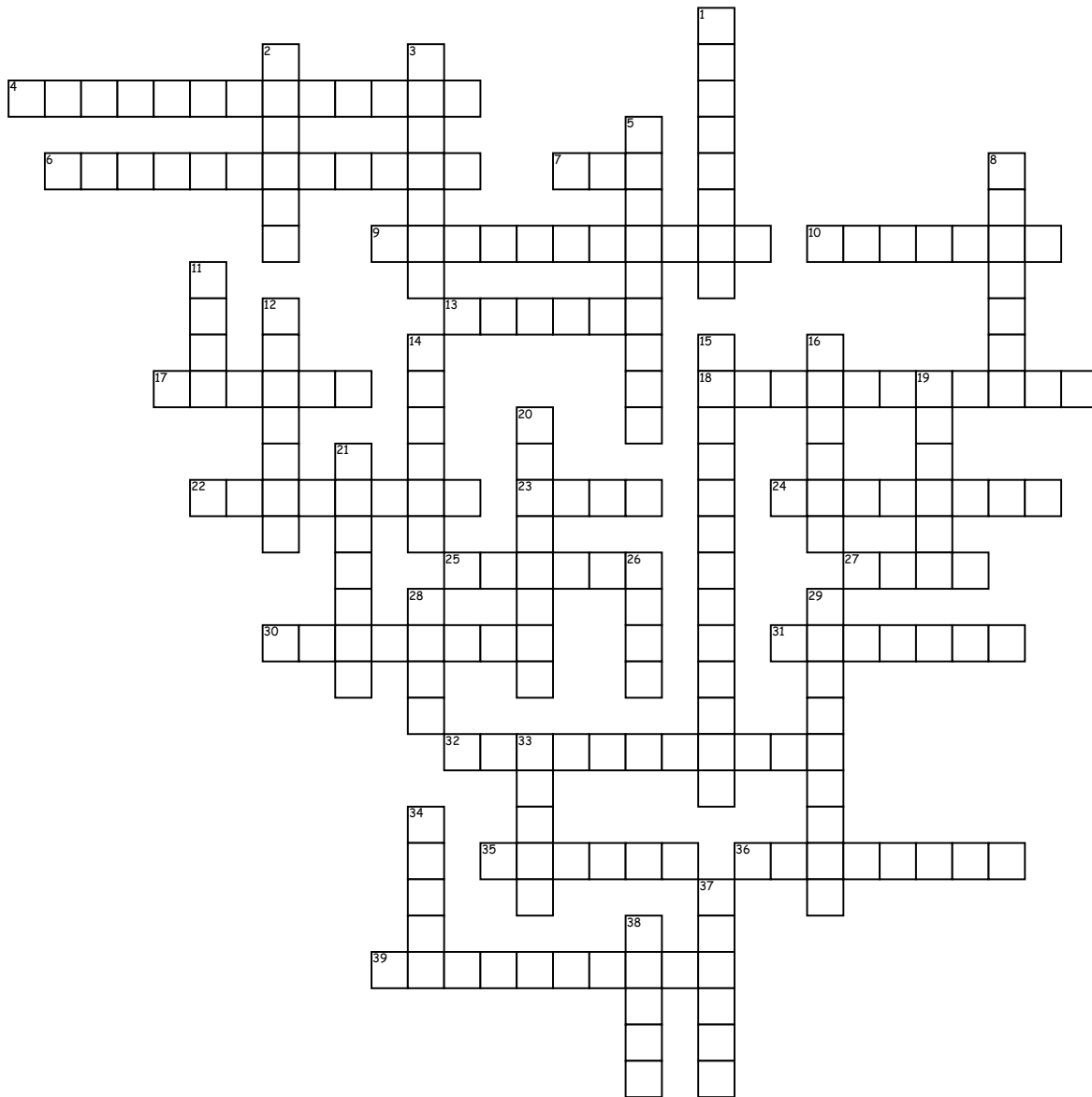


Name: \_\_\_\_\_

# Shoulder/Elbow/Hand Review



## Across

4. Abductor rotator muscle
6. Mechanism for shoulder injuries; falling on a \_\_\_\_\_ arm
7. Percentage of posterior dislocation
9. A partial dislocation
10. Shoulder socket; \_\_\_\_\_ Fossa
13. Fracture at the distal radius
17. Little League Elbow; \_\_\_\_\_ Plate issue
18. Joint associated with an elbow dislocation
22. Muscle used for punching and pushing; \_\_\_\_\_ Anterior
23. Total number of metacarpals
24. A symptom of a rotator tear; Supraspinatus \_\_\_\_\_
25. A shoulder prevention technique
27. A forearm bone
30. "S" shaped bone
31. Muscle for elbow extension

32. Deformity of the tearing at the 2nd PIP

35. \_\_\_\_\_; Splint in extension
36. Number of phalanges in one hand
39. A sprain to the AC joint; shoulder \_\_\_\_\_

## Down

1. most common shoulder dislocation
2. Muscle with two heads, elbow flexor
3. Upper arm bone
5. Injection treatment for a rotator cuff tear
8. Bruising of the shoulder; shoulder \_\_\_\_\_
11. Phase where there is considerable pull on the joint
12. \_\_\_\_\_ Thumb compression of the ulnar nerve
14. Phase 2; \_\_\_\_\_ stress to the medial elbow
15. External Rotator muscle
16. A fracture of the 5th metacarpal
19. Nerve associated with Carpal Tunnel Syndrome

20. Pain that can be felt in the shoulder
21. Weakest part of the clavicle; \_\_\_\_\_ 1/3
26. Range of Motion performed by the Trainer
28. Rotator Cuff muscles; \_\_\_\_\_ group
29. Muscle that covers the upper back, neck and shoulders
33. Nerve associated with Cubital Tunnel Syndrome
34. Most injuries occur in this phase
37. \_\_\_\_\_ elbow; overuse of elbow tendons
38. Wrap for a separation/fracture