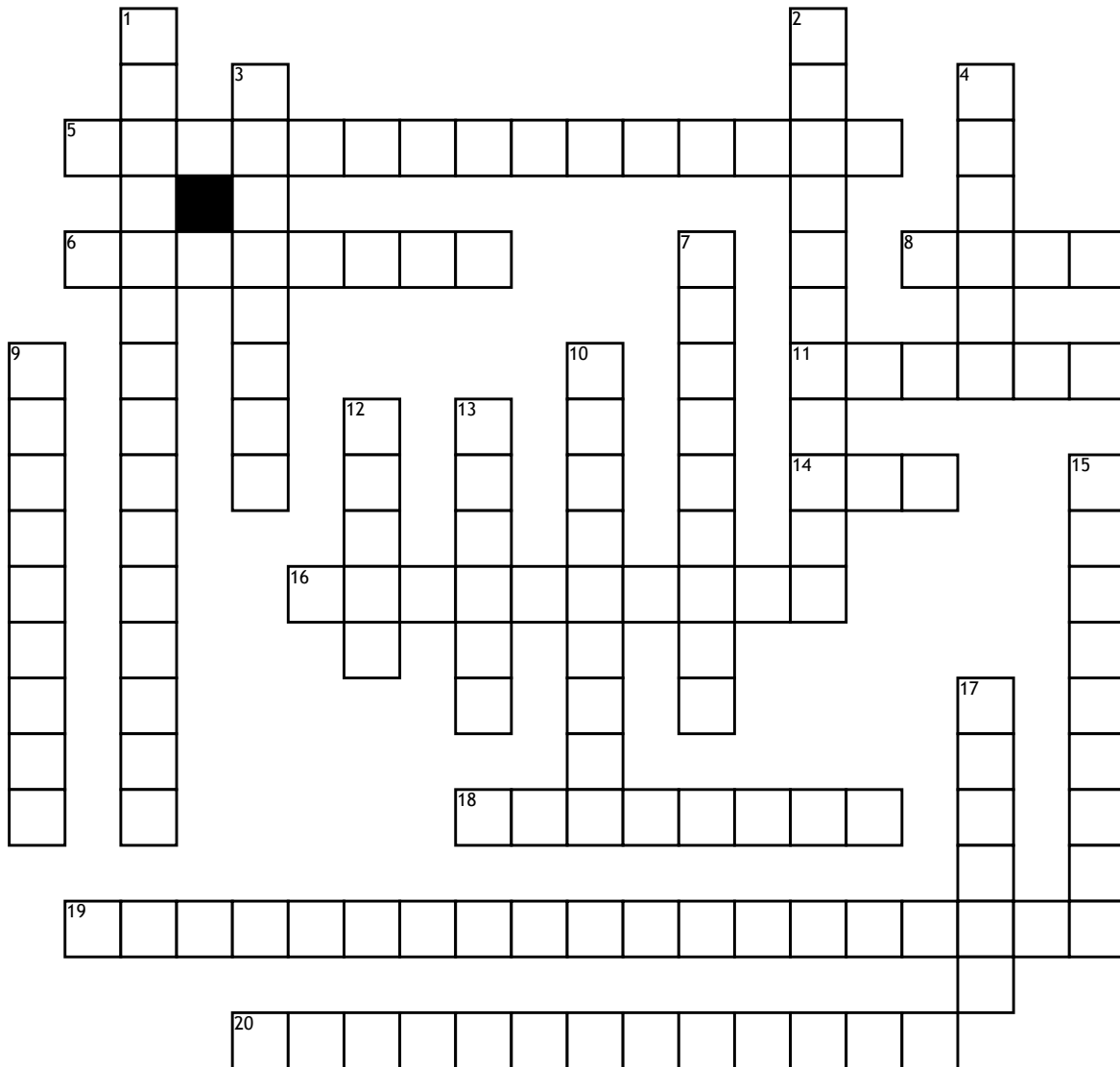


Name: _____

Sports Medicine Word Puzzle



Across

5. collection of blood inside of the orbit
6. collection of blood
8. "R" in Rice
11. injure by stretching
14. "I" in RICE
16. palm facing upward
18. fiber cartridge tissue that helps cushion the knee and is a shock absorber

19. sudden twisting of the body while foot is planted
20. a break in the bone surrounding the brain

Down

1. scratch on the eye
2. "c" in RICE
3. attaches the muscle to the bone
4. sesamoid bone
7. palm facing down

9. moving towards the body
10. "E" in RICE
12. largest and strongest bone in the body
13. middle of the body
15. bruise/discoloration in the skin
17. to injure by wrenching