

Name: _____

Date: _____

food

L S L E L S B A V S U G A R Y D R I N K S V H F
 D A V W F O O H S A U Q S T U N R E T T U B G B
 N L L I P R E B M U C U C G C X E C U T T E L B
 D A I F T Z X J O R C L B F I M S I A H H D G D
 N M V I E A C N N I E T O R P I K R K J U D W Z
 M I E U S E M Y O G H U R T E L M R E T T T U B
 J E G R A X B I S R S B F Q P K M E A T S W M Z
 S T E L L E A D N H E Q B R E A D A G I D Y O L
 B T T Y A C Z R E S T R C E L T O S W E E T S I
 E E A B D A B G H N A K C D G W O W Y R I A D M
 A G R P R L B A W E R B H S K G U C O W I Y P U
 N R I M Z C B K P Z D O I T U X S T I L Z C A F
 S O A F B I T A M S Y P C U Q F A P S R F L G F
 C C N Q P U W A S L H C K N E M J E E E P C U I
 A Y K O S M Y L L A O D E A O I K B W G S A U N
 R N K F R T T S I E B S N T N A E V H A N Z C S
 R K M I P I E Z J R R W S J C E V E E M F A F O
 O H Z S X P T A F E A E L D F A A Y A D O G R V
 T F B H Q Q E A K C C E S Y K L H S T E O C N O
 D L I E D N T A F M N T G R T X A T S A K B I J
 D I K B N S J U S T A C N H L L C E T C E L G Z
 R M E J R Z R L I O D O Y O M Q E S D J S Y T G
 Z R Q T R E G L D A K R Z O I H A X T E L P P A
 E R Z V X N S I B P X N N I C P E V P O T A T O

butternut squash
 vitamins
 cereals
 chicken
 carrot
 pasta
 steak
 oils
 beef

sugary drinks
 corgette
 lentils
 Protein
 tomato
 cakes
 dairy
 oats
 fats

carbohydrates
 cucumber
 apricot
 fibres
 salami
 wheat
 meats
 nuts
 eggs

corned beef
 calcium
 healthy
 sweets
 cheese
 beans
 diet
 peas
 fish

vegetarian
 yoghurt
 muffins
 orange
 salmon
 apple
 iron
 milk

sweetcorn
 buttter
 lettuce
 potato
 bread
 salad
 rice
 pear