Maslow's Hierarchy of Needs

Physical Needs
- Shelter
- Water
- Food
- Oxygen
- Sleep

Secure Needs
- Safety
- Love

Belonging Needs
- Affection
- Belonging
- Friendship

Esteem Needs
- Esteem
- Self Respect

Actualization Needs
- Acceptance
- Achievement

Self-Actualization Needs
- Actualization
- Environment

Stage 1
- Shelter
- Physiological

Stage 2
- Safety
- Security

Stage 3
- Love
- Belonging

Stage 4
- Esteem
- Self Respect

Stage 5
- Actualization
- Self Actualization

Stage 6
- Self-Actualization
- Self-Actualization Needs