Maslow's Hierarchy of Needs

- **Physiological Needs**
  - Shelter
  - Food
  - Water

- **Safety Needs**
  - Sleep
  - Oxygen
  - Secure

- **Love and Belonging Needs**
  - Belonging
  - Esteem
  - Affection

- **Esteem Needs**
  - Esteem
  - Confidence
  - Friendship

- **Self-Actualization Needs**
  - Actualization
  - Environment
  - Love
  - Safety

- **Fundamental Needs**
  - Physical Needs
  - Security
  - Self Respect