

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Healthy Foods

S I B Y F U S Z R V X H G O Q S Z K E R E S V O  
N E G H X R C F I B L I S P P Q H V O B V C O I  
K U U H C Z X Y Y C A D E S E E H C U F R U I T  
A K V W P Z F G Q L I N Y W K O I K Y G P E O C  
U H N E Z H O H K G R L A B L U E B E R R I E S  
N S S Y F D P B S S D C Y N O K N B Y S L I L K  
V E T T A E M A E A X G Q G A U P M R P H Z N F  
O R K U O F D U P U G X K D R L W F I E C J K N  
X E V C N R F Z Q P G H A E S A A A G L A W O W  
Y S D G I A R L L Y L T W N S W N R A S K D L K  
A A T O C H E A W Q Y E E E H A A O M C K T R Q  
Z B A R B S C P C T C E O U A X H H L F E B W K  
M J X J A K J Q W J R T S O Z L V Y Y A H K A L  
T P E F T W Z M O G A E A E Q Q M H M T A S T H  
R S U R I I B Y N M K Z G P P R D O C Q X Z E W  
P E S U B L E E O Z V S D G R A G K N R I Q R N  
Y O A G V O M T R G W X N T S O R E N D A G M G  
D T L W G C H B Y R R V V I R W T G G U S S E I  
U A A C I C O S R X I Z B W A U E E V N J P L N  
O T D L F O D M I W S E A L L R G V I C A O O A  
S O H W G R W M A Z Z T S G K V G O O N Z R N E  
Y P G O W B O A D P E Q K W X L V W Y D Z K O N  
P E J A Q W S A H R D C H E R R I E S Z Z V L G  
R B L S T I D O N H Z A J N D I W S N N F I S H

strawberries

blueberries

watermelon

broccoli

cherries

tomatoes

potatoes

peanuts

almonds

chicken

protein

granola

carrots

greens

orange

banana

grapes

yogurt

grains

cheese

apple

fruit

dairy

salad

bread

water

fish

eggs

meat

milk