

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# First Stage of Childbirth

F K T R S F C B Z Z Q M A B Q Y N C H L Z O D M  
T D N E X T J X O F W A C Y B F R G Q I T E R A  
N Z K B V X R T T F B B A G G C J U R P H O M I  
E O I M K Y K A T X Q U S R G Y I J F Y K P Q T  
M D I L A T I O N L I V C X M U A G Z N X Q H U  
E N D B Z P Q E W S C K I D J N I N R S S U D D  
C T L S A E N W I V I X T F Y N B I Y S Y V T X  
A R L Y Q M E J O U U T O T Y X V N B J V C L Z  
F G I M N T N D V A M M I H P S C E K O G M V E  
F I R Q L E P I X B D B N O M A J T E D A J D Q  
E C B F X F K D O L L Z M F N U S H M E G L Y B  
V O Y P R F F M F T W O A H C R X G R X E E O C  
F N V I A A L B B J I X O P R M A I N N B P S G  
S T A S H C Q E M Z M C M D F H D L G P J I U T  
X R N M H T D C W O A X F G Y X H T J W H D M V  
E A L J E I C A W X V C C L D S H P F O N U E T  
K C W S T V R X L K A H D B U P H H U H X R T T  
W T A N D E O B T K R F H D U I E O C S I A U H  
E I O G B L W I R U I J P L T T D H W T V L M B  
I O N J Q A N E P P N U J O E Y E E I T R N W P  
V N Q E N B I Y Z P R G M Z Q J M R Z K E A D L  
V S F D D O N C Q G C F C Z A R J Y U U C F B F  
W N F B X R G L M E P M Y H U J V N O S P I N W  
B W V G D U U I E A R L Y L A B O R Q V W O F T

- |              |                |              |              |
|--------------|----------------|--------------|--------------|
| amniotic sac | amniotic fluid | uterus       | length       |
| Epidural     | crowning       | contractions | transition   |
| lightening   | early labor    | Bloody show  | Active Labor |
| Dilation     | Effacement     | Cervix       |              |