

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Find My Feelings

C N F G E C Q F X J B Z R S T J K T V X Y V G T  
U O N P H O V E R W H E L M E D V T V J N V D W  
A L D A B O R E D U S U S P I C I O U S D E N D  
J K P E D I Z I Q I S Y N G R H A U U L S R D O  
Q U C G S D G C J T S T T Q O N U M B S T D W I  
R H Y U R I V R N T D G R L P G C J E L D E Y X  
X T D E R A R E S T E H U A I X I R V R O G N S  
U W F A O T D P G W M P H S T U P C W A X A O Z  
N N Y Y S I S C R S A V L N T E G S O C Z R K D  
L E Z I F M S E E U H B R A D E D S R Y N N Y B  
M P R N N S R X V G S E Q J C I D G R R B E L C  
D S O V E F C L D O A H D R C I V O I C M Y L E  
L C U H O I H L M I L E B D B L R H E W V N I R  
P T H O T U L C P D T V H N P U G E D Q L A S D  
Q S B E I K S W A S W M F N P F R R T D W N M E  
C E D T D X R N U U S H O C K E D V B S O C W F  
B M Z Y X G N A P N T A E P S P U L J X Y O G E  
Y S E F F X H A J W T I J S B O W N A W A H Q D  
L N Z S C X R R X N H B O E T H X L Z L N Z V E  
O R M M E O W J U F L D Y U A A H Y A Z G J M R  
N N Y C O N F U S E D Q S N S L T F N B R I G A  
E X B K U Y P P A H F X Y X I Z O I S C Y Q K C  
L A S L O E K S H Y E R X L F R Y U C L T F C S  
Y B K N C E M B A R R A S S E D X C S M H F K J

angry   anxious   ashamed   bored   cautious   confident   confused   depressed   disgusted  
embarrassed   enraged   ecstatic   excited   exhausted   frustrated   guilty   happy   hopeful  
hysterical   jealous   lonely   lovestruck   nervous   numb   overwhelmed   sad   scared  
shocked   shy   silly   surprised   suspicious   worried