

Name: _____

Date: _____

Find My Feelings

C N F G E C Q F X J B Z R S T J K T V X Y V G T
U O N P H O V E R W H E L M E D V T V J N V D W
A L D A B O R E D U S U S P I C I O U S D E N D
J K P E D I Z I Q I S Y N G R H A U U L S R D O
Q U C G S D G C J T S T T Q O N U M B S T D W I
R H Y U R I V R N T D G R L P G C J E L D E Y X
X T D E R A R E S T E H U A I X I R V R O G N S
U W F A O T D P G W M P H S T U P C W A X A O Z
N N Y Y S I S C R S A V L N T E G S O C Z R K D
L E Z I F M S E E U H B R A D E D S R Y N N Y B
M P R N N S R X V G S E Q J C I D G R R B E L C
D S O V E F C L D O A H D R C I V O I C M Y L E
L C U H O I H L M I L E B D B L R H E W V N I R
P T H O T U L C P D T V H N P U G E D Q L A S D
Q S B E I K S W A S W M F N P F R R T D W N M E
C E D T D X R N U U S H O C K E D V B S O C W F
B M Z Y X G N A P N T A E P S P U L J X Y O G E
Y S E F F X H A J W T I J S B O W N A W A H Q D
L N Z S C X R R X N H B O E T H X L Z L N Z V E
O R M M E O W J U F L D Y U A A H Y A Z G J M R
N N Y C O N F U S E D Q S N S L T F N B R I G A
E X B K U Y P P A H F X Y X I Z O I S C Y Q K C
L A S L O E K S H Y E R X L F R Y U C L T F C S
Y B K N C E M B A R R A S S E D X C S M H F K J

angry anxious ashamed bored cautious confident confused depressed disgusted
embarrassed enraged ecstatic excited exhausted frustrated guilty happy hopeful
hysterical jealous lonely lovestruck nervous numb overwhelmed sad scared
shocked shy silly surprised suspicious worried