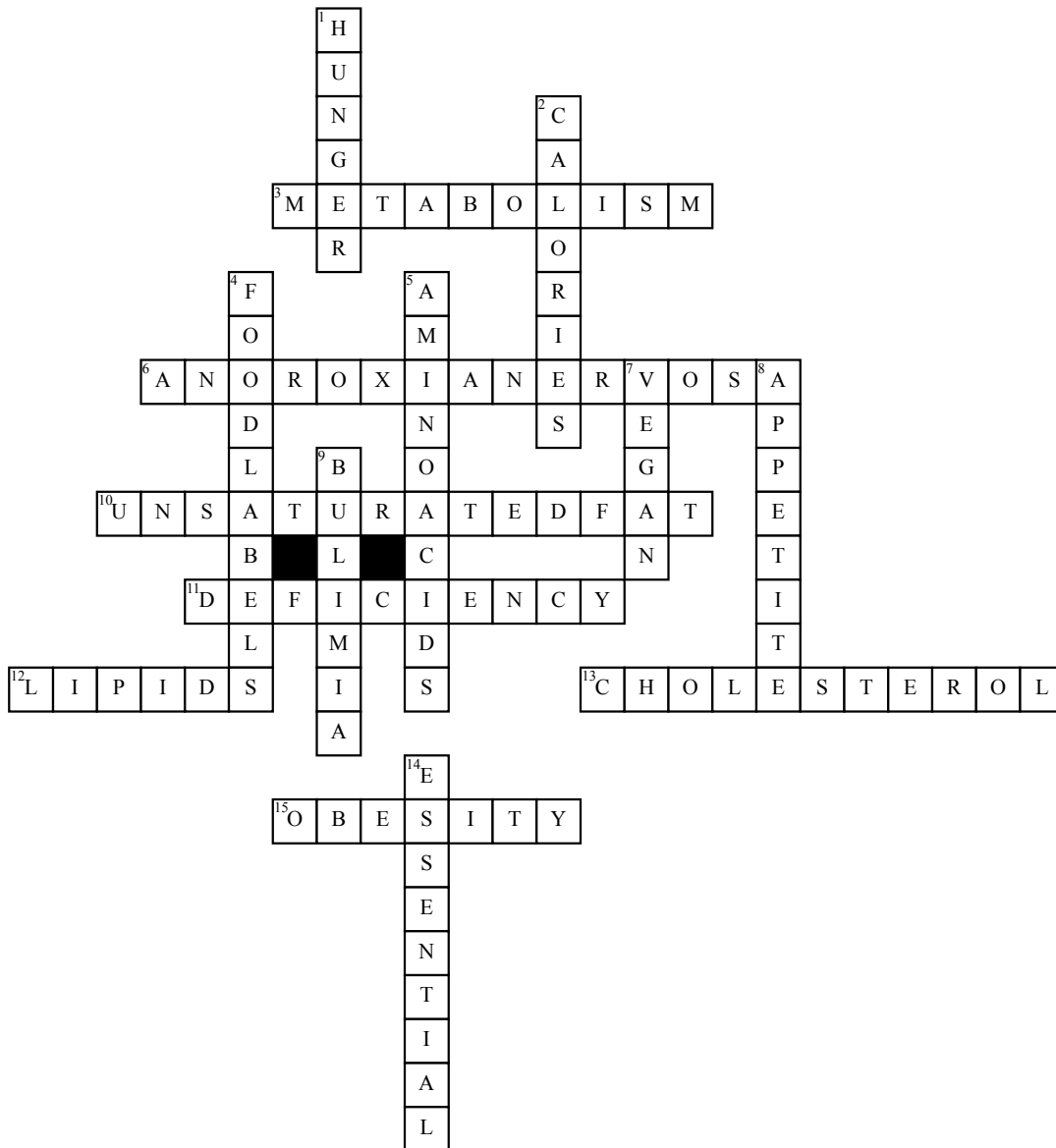


Name: _____ Date: _____ Period: _____

Nutrition Unit Review Crossword



Across

3. The process our body goes through to use food and water?
6. What is the fear of becoming overweight?
10. What is healthy fat?
11. Lack of Something?
12. What is considered fatty acids?

13. What is a substance containing a lot of fat?
15. Someone excessively over weight?

Down

1. What do you call lack of food?
2. What are units of energy?
4. What is info about nutritional value?

5. What are simple organic compounds?
7. A person who doesn't eat or use animal products?
8. What is the desire to eat?
9. What is considered the binge eating syndrome?
14. What do you call something necessary?