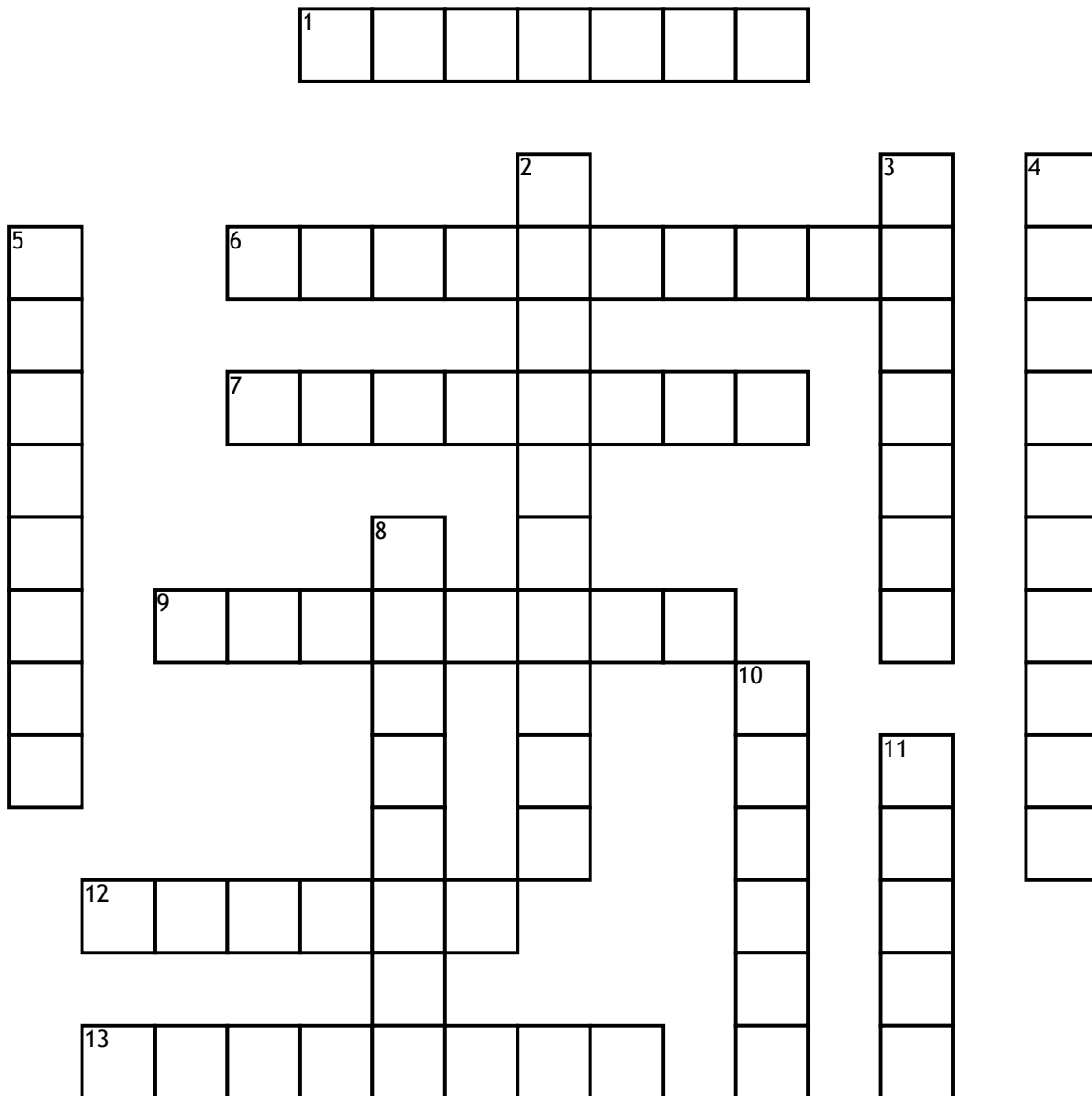


Name: _____ Date: _____ Period: _____

Mental and Emotional Health



Across

- 1. Intentional taking of one's own life
- 6. Feeling of being sad, unhappy, or discouraged
- 7. An illness that is incurable
- 9. Negative stress
- 12. Response of the body to the demands of daily living
- 13. Positive stress

Down

- 2. Being able to bounce back
- 3. Feeling of dread, similar to fear
- 4. Choosing not to engage in any risk behaviors
- 5. Are feelings
- 8. Is a source or cause of stress

- 10. Quality of life that includes physical, mental, and emotional, family and social
- 11. Discomfort and sadness caused by loss